Status of Jamaica's National Drug Observatory



Uki Atkinson April 4, 2018 REGIONAL SEMINAR FOR NATIONAL DRUG OBSERVATORIES IN THE CARIBBEAN Ramada Georgetown Princess Hotel Georgetown, Guyana

Structure of the National Drug Observatory (NDO)

- Previously in Research & Information Department with Director & 4 support staff members
- NDO now in the Department of Client Services (since 2011/2012 NCDA restructure)
- Managed by Research Analyst & supported by data entry clerk
- Studies conducted with support from local consultants (academia)

4 Recent National Studies (2016 – 2017)

Study	Purpose	Conducted	Disseminated
National Drug Prevalence Survey (NHS) OAS/CICAD	Cross sectional survey to determine prevalence & patterns of psychoactive substance use among general population 12-65 years. Included problematic use, access/exposure, risk perception, treatment & awareness/opinions on marijuana laws.	Mar – Aug 2016	Nov 2016
Global School Health Survey (GSHS) WHO/PAHO/CDC & Global Youth Tobacco Survey (GYTS)	International gold standard survey to measure adolescent health - substance use, mental health, violence and unintended injury, sexual behavior, dietary practices, physical activity and protective factors.	Feb-Apr 2017	Nov 2017
Rapid Situation Assessment (RSA) OAS/CICAD	Mixed methods study on multi-sector perspectives on policy, research, prevention, treatment and collaboration to address the drug problem in Jamaica	June-Oct 2017	Feb 2018

RSA- Perspectives on National Drug Research

 Wide coverage of studies among the population conducted on an ongoing basis

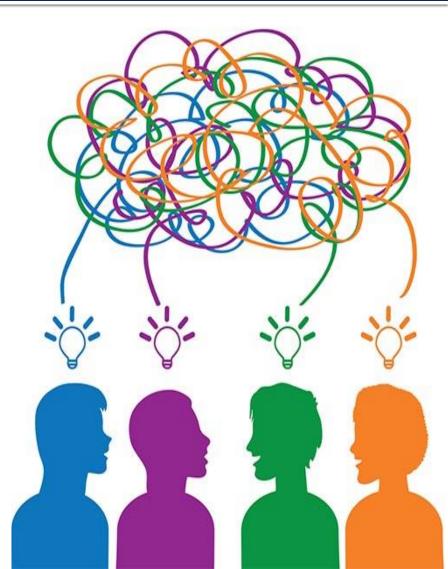
Drug studies are used to inform decisions but there is room for improvement

Move beyond prevalence and incidence level data – explore deeper issues

Communicate research in a simplified impactful manner

Translate the evidence into policy and service and measure the impact of these policies

 Increase stakeholder involvement in knowledge translation process (research to action)



Perspectives on Drug Policies

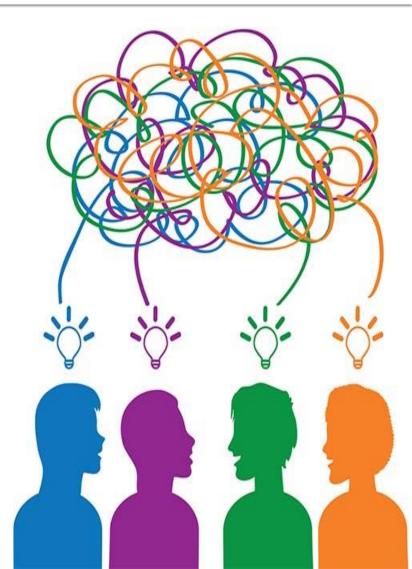
 Low level of awareness across sectors

 Lack of enforcement – minimum impact

 Policy making process lacks rigour - evidence to inform decisions

 Lack of ongoing monitoring, evaluation and revision of policies

 Lack of multi-sector collaboration





Lack of guidelines to govern/standardize treatment

Inadequate Functioning of the Treatment Network Gaps in Drug Treatment

Inadequate funding for treatment

Limited access to treatment

RSA Recommendations

- Generate more evidence based policy
- Enforcement of laws
- Capacity building in primary health care
- Identify champions
- Pathways to treatment
- Targeted public education messages
- Increase multi-sector collaboration
- Increase parenting interventions

2017 GSHS Main Findings & Implications

 Alcohol remains the most widely used substance – narrative for problematic users, youth, adults

 Access and exposure to substances remain high – Enforcement of laws in and around school compounds

Successive studies showing higher prevalence of substance use among grade 10 students – deeper understanding & targeted interventions necessary

GSHS Main Findings & Implications

- Unhealthy dietary patterns contributing to obesity public education especially re sugary drinks and fast food
- High levels of suicidal ideation Training of Guidance counsellors to undertake mental health screening
- Scale up of life-skills programmes wider coverage & earlier than average age of onset

 Parenting associated with all negative outcomes – parenting programmes essential to improve child and adolescent health

New Substances & Combinations

 Lean - cough syrup and sprite is being used by adolescents – Influenced by North American Rapper Lil Wayne

 News reports of criminal elements lacing marijuana with embalming fluid - active ingredient Formaldehyde.
reportedly occurring in western Jamaica. NCDA to undertake assessment of the situation – difficult to access communities due to crime/state of emergency conditions

Dissemination & Use of Studies

 National dissemination meetings for all studies – multi-sector stakeholders, media, Fact Sheets, Local/parish level meetings/academia/publications

- NHS informed 2017 parliamentary debate on public health implications of marijuana and tobacco use
- NHS assisted in determining WHO/PAHO initiatives for funding and technical assistance to Jamaica

Dissemination & Use of Studies

- NHS findings on awareness and attitudes towards marijuana legislation were used to justify the need for public education – specifically targeting youth – 12 month multi-strategy campaign "TalkdiTruth Future Come First" (Social media, traditional media, in-school peer led prevention programme and school tour)
- GSHS incorporated into MOH's 2018 budget speech
- Evidence for various public education/prevention initiatives – NCDs, mental health, alcohol policy, advancing enforcement re smoking in public spaces

Jamaica Drug Information Network (JADIN)

Dormant for several years – not operating as a network

Officially re-launched in February (RSA dissemination)

Opportune time with multiple regional initiatives:
Standardized indicators (CICAD)
Standard Annual Country Reports (COPOLAD)
Early Warning System Development (COPOLAD)

Buy-in secured & follow-up progressing

Drug Observatory Challenges

Tyranny of the urgent

 Multiple roles - Research, Surveillance (Canwatch), M&E, management of short term projects (UNODC & PEPFAR Grants) and any other tasks deemed necessary for input

 Disparity in methodologies & findings - Prevalence in NSS vs. GSHS – same population, starkly different results, implications for understanding of true picture/situation among stakeholders

Thank you