CICAD Reunion with American Universities about the Drug Phenomenon from the Perspective of Scientific Evidence

# Basic Skills of the Nursing Professional in the Field of Drug Demand Reduction in Latin America

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#### Introduction

- § Major changes occur in the global society, life expectancy is doubled because of better welfare standards and by knowledge advancement.
- § The demographic and epidemiological transitions are characterized by the emergency and re-emergency of health problems and the presence of multiple determinants that increase the risk and drug use and abuse, social violence and mental health problems.
  - Evidence suggests that health is based on knowledge and its social use. Knowledge not only produces technology, empowers citizens to adopt healthy and sustainable lifestyles.

### Development of Education of Health Professionals

- The education systems of health professionals in the 21st century has been forced to do a redesign, in order to improve the performance of health designs, adapting the essential professional skills to specific contexts while building global knowledge. To take advantage of the acceleration of knowledge flows, technologies, migration of professionals, patients and learning opportunities.
- § The health professionals should be trained to:
- § Movilize knowledge, participate in critical thinking.
- § The ethical conduct, evidence based comprehensive care.
- § Competence in health systems centered in patients and collectives.
- High quality performance. Collaborate in universal coverage and advance in equity.





#### Nursing Education in the Field of Drug Demand Reduction: Competency-based Programs

- Participative methodologies explore the range of learning activities and methods to achieve competences in various periods of time.
- **ü** To evaluate competences (Product integrator).
- ü Profile for future graduates.
- To integrate theory and practice
- ü To promove critical thinking
- ü Citizen formation, social commitment
- **ü** Interdisciplinary work
- **ü** Ethics and values



### **Nursing Profile**

- To train general nurses proficient in health systems centered in the patient, offering:
  - Evidence-based care.
  - Care management
  - Critical reasoning. Generate and apply knowledge.
  - Ethical conduct
  - Social commitment
  - Leadership knowledge

To be consistent with the new challenges of a knowledge society

THE PERSON NAMED AND PERSONS ASSESSED. AND PARTY OF PERSONS ASSESSED.





# Evidence of the Role of Nursing in Reducing the demand for drugs

§ Several studies have shown that nursing develops a crucial role in health promotion, drug use prevention, care of people at risk or with tobacco, alcohol an illicit drug addiction problems. (Alonso, Esparza, 2006; Álvarez, et al, 2011; Arauzo, Casado, 2004; Ballester & Juvinya, 2004; Castaño, 2006; Sanz-Pozo, et al, 2006).

Interventions are not limited to the use of scientific knowledge but its generation and transfer in different contexts and populations.



# Nursing Schools Projects in the Drug Demand Reduction in Latin America

At the meeting held in Panamá in 2010 it was possible to have a common start for:

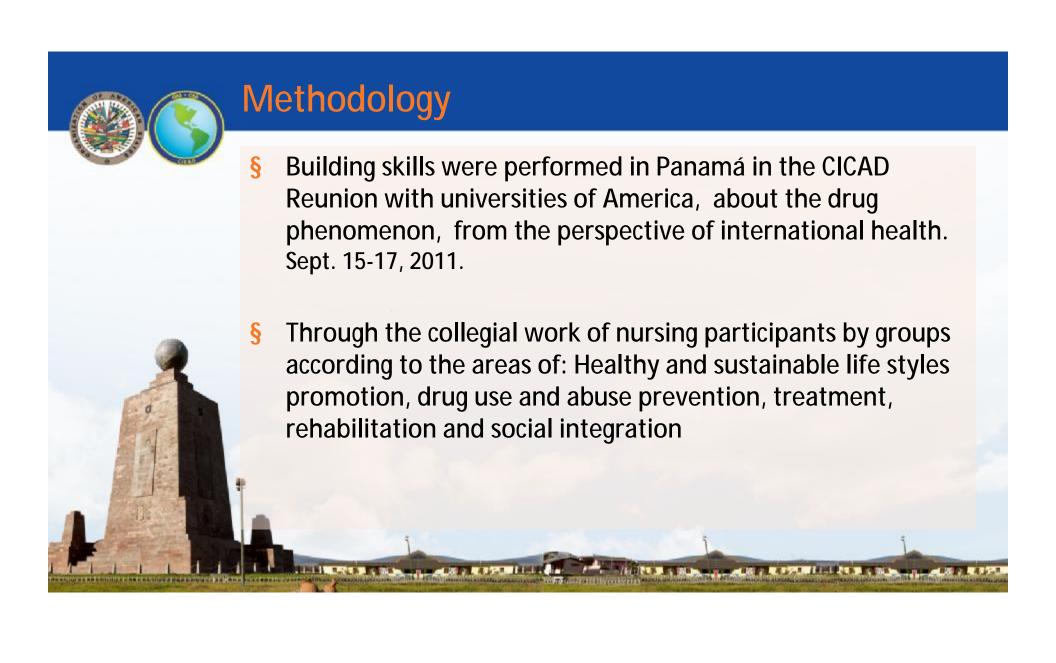
1) Reviewing the proposals established in 2005 in Rio de Janeiro about the drug contents in the curricula of undergraduate and graduate.

2) Updating this content, structuring the profiles starting from specific competences of the nursing professional who works as general, specialist and advanced practice nurse.



## Definition of Nursing areas of competence in the drug demand reduction: Performance areas

- 1.- Development and management of nursing care based on evidence.
- 2.- Nursing training in human resources.
- 3.- Nursing care management in community and hospital fields.
- 4.- Participate in innovative way action research studies.
- 5.- To develop research on the frontier knowledge of drug phenomenon from the perspective of international health.
- 6.- Demonstrate leadership based on knowledge of diverse fields.
- 7.- The occupational area of this human resource.



### The competences were worked

Undergraduate degree level.

Postgraduate level (specialization, masters and doctoral degree).

As general and professional for each level of training and later, were derived from these, the scientific and technical competences.

The scientific competences were defined as cognitive nature, human development and social interaction that is necessary and complementary to the technical and instrumental competences.

The technical and instrumental competences may be of methodological nature, procedural, of collaboration and technological as part of the professional profile for the local and international competitiveness (UANL 2010)



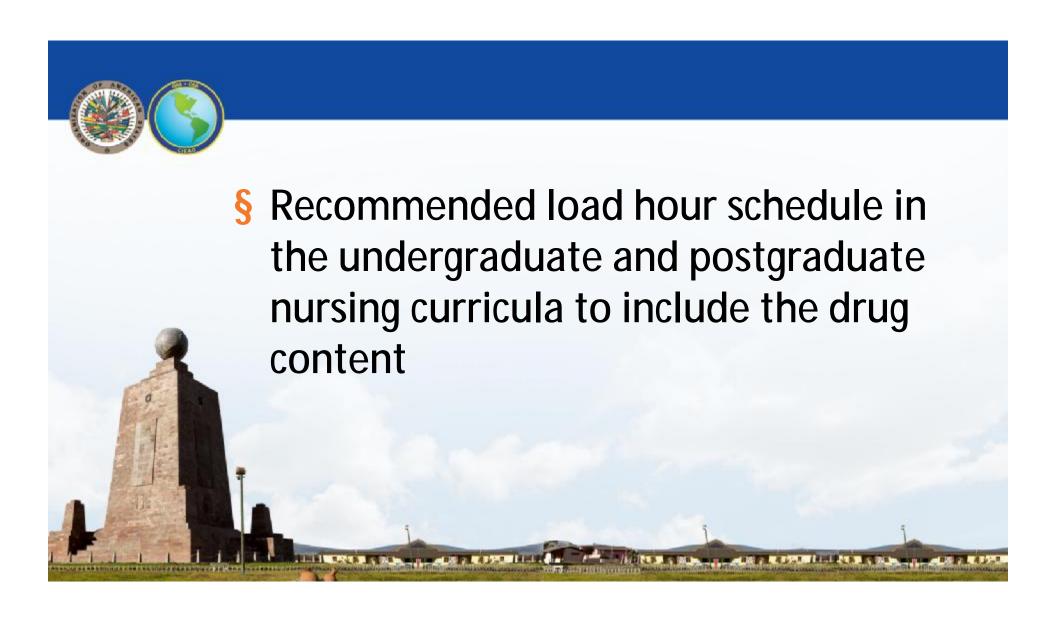
#### Continuation

§ Each competence must have knowledge attributes, skills, values, attitudes and evaluation forms in each educational program.



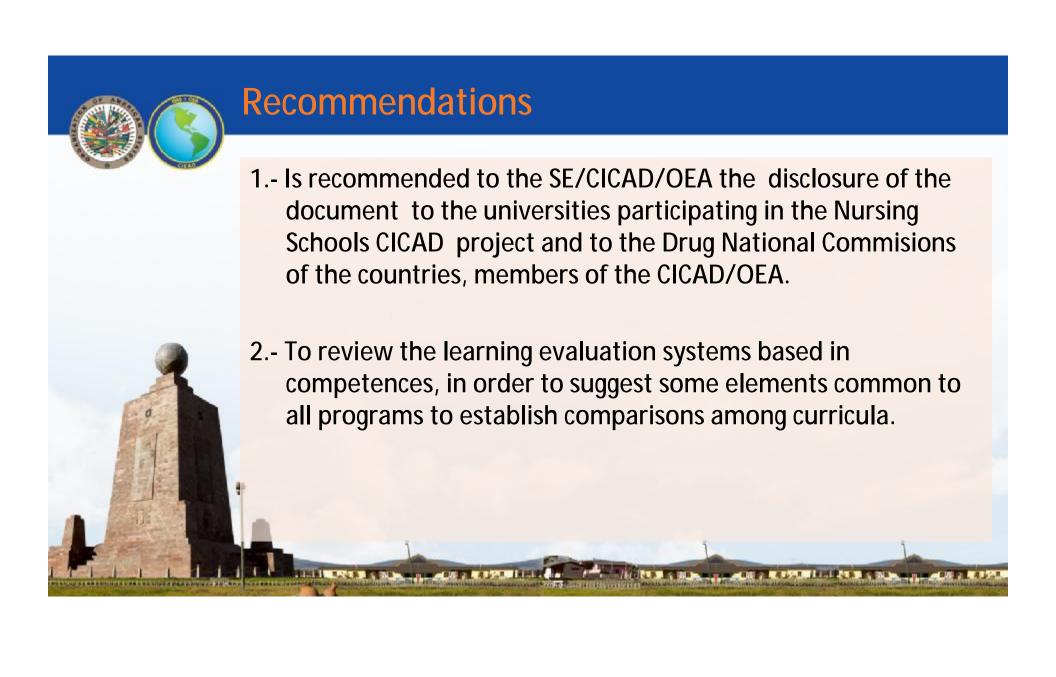
§ Finally the group of participants considered necessary to suggest some thematic contents for competence development.

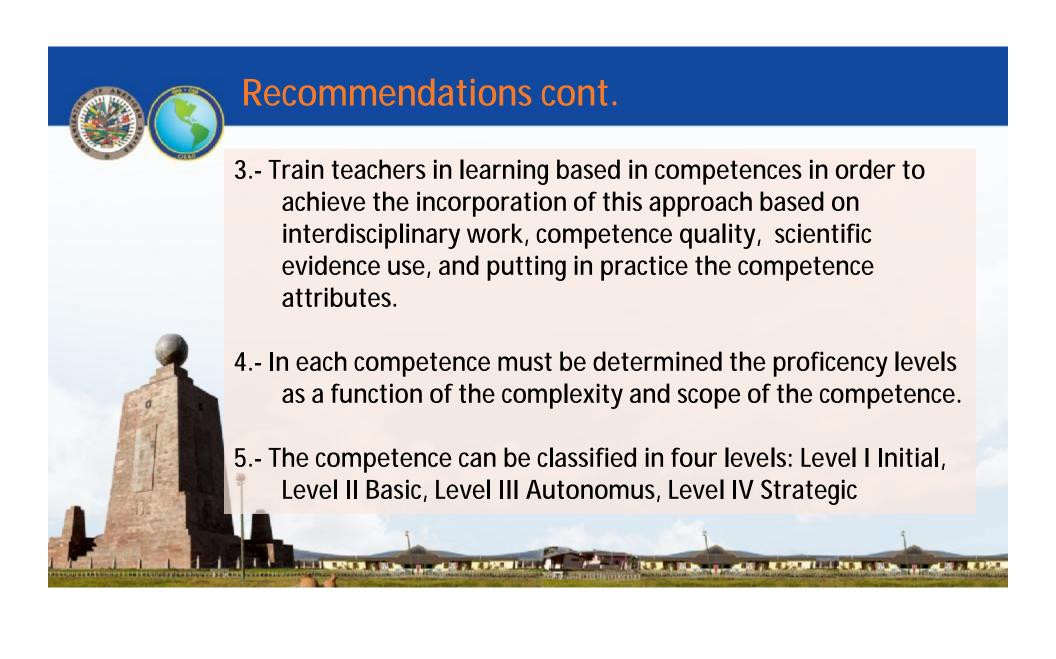
After work in Panama, the documents produced were brought together for each level of training, qualitatively analyzed and integrated as a proposal.



Undergraduate Curricula	Recommendations Rio de Janeiro 2004 Reunion	Recommendations Panamá 2010 Reunion
Areas	Undergraduate	Undergraduate
Health Promotion	80	142
Use and Abuse Prevention	100	
Treatment	35	80
Rehabilitation	15	60
Social Integration	40	30
Undergraduate Curricula Total	270 hours	312 hours
Posgraduate Specialization Curricula	Any Specialty	Mental Health and Drugs Specialty
Health Promotion	8	8
Use and Abuse Prevention	10	10
Treatment	7	175
Rehabilitation	3	24
Social Integration	2	40
Specialty Curricula Total	35 hours	257 hours

Postgraduate Master Curricula	Recommendations Rio de Janeiro 2004 Reunion	Recommendations Panamá 2010 Reunion
Areas	General Nursing Master	Master in Nursing with Drug Emphasis
Health Promotion	10	10
Use and Abuse Prevention	15	15
Treatment	7	10
Rehabilitation	3	45
Social Integration	10	10
Master Curricula Total	45 hours	90 hours
Posgraduate Doctoral Curricula	General Nursing Doctoral	Nursing Doctoral with Drug Emphasis
Health Promotion	8	8
Use and Abuse Prevention	15	15
Treatment	10	10
Rehabilitation	5	30
Social Integration	7	45
Doctoral Curricula Total	45 hours	108 hours







### Recommendations, cont.

6.- Domains are useful to identify in which learning unit must be included and requires the competence of experience, theoretical learning, practice and recommended setting for verification.

7.- Not all specific competences about drugs have the four scope levels depending on the exent of the specific competence.

8.- Sensibilization of the universities authorities and educators about the important role and contribution of the topic about drugs in different education levels.

