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INTER-AMERICAN DRUG ABUSE CONTROL COMMISSION CICAD

Secretariat for Multidimensional Security

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RECOVERY-ORIENTED SYSTEMS OF CARE: THE U.S. EXAMPLE DR. JACK STEIN

Recovery-Oriented Systems of Care: The U.S. Example

Jack B. Stein, MSW, Ph.D.

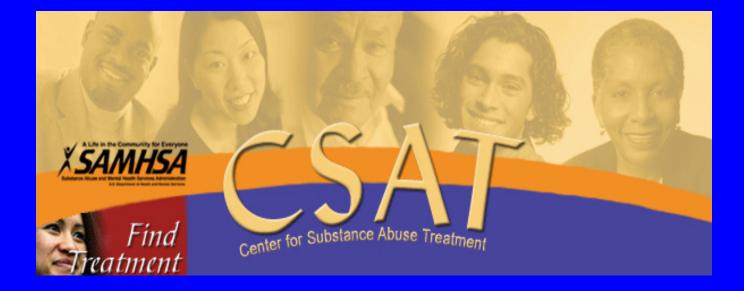
Director Division of Services Improvement Center for Substance Abuse Treatment Substance Abuse and Mental Health Services Administration

19 November 2009



Substance Abuse and Mental Health Services Administration

"Building resilience... Facilitating recovery... A life in the community for everyone"

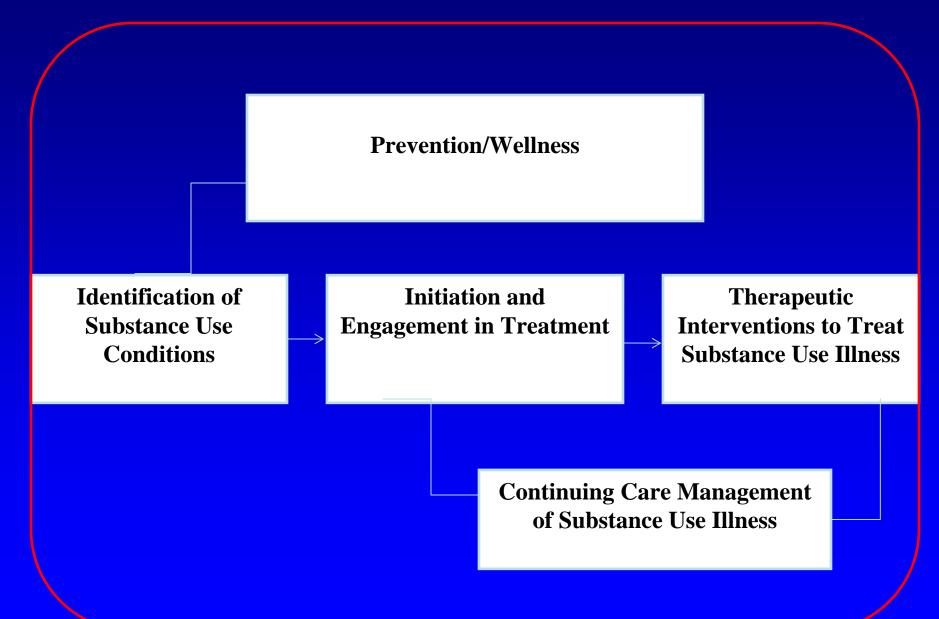


Making the hope of recovery a reality...

Today's Topics

- Continuum of Care Framework
- Recovery Defined
- Recovery-Oriented Systems of Care
- Program Example #1: Access to Recovery
- Program Example #2: Recovery Community Services Program
- Conclusions

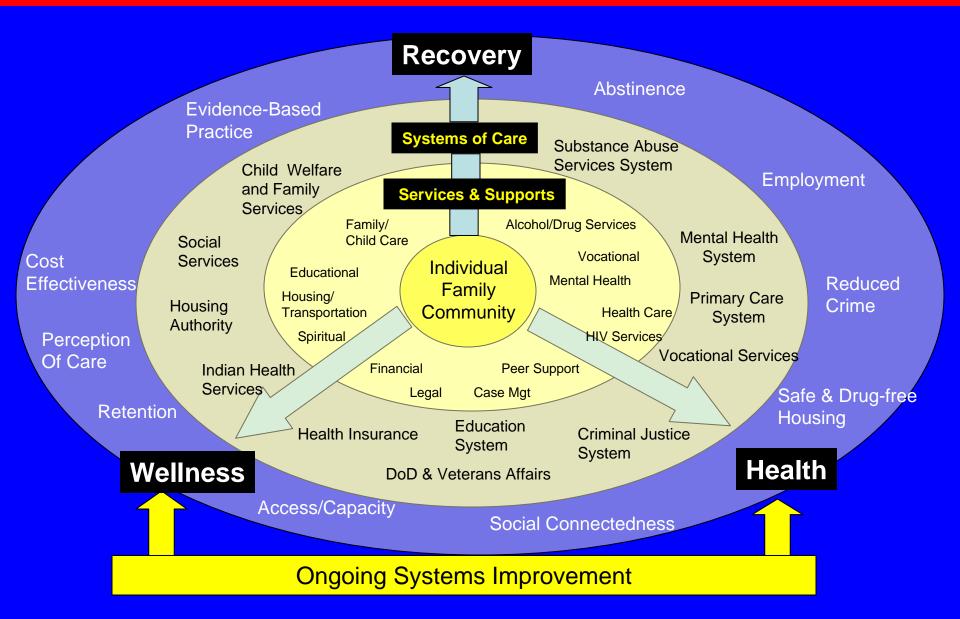
Continuum of Care



What is Recovery?

Recovery from alcohol and drug problems is a process of change through which an individual achieves abstinence and improved health, wellness and quality of life.

Recovery-Oriented Systems of Care





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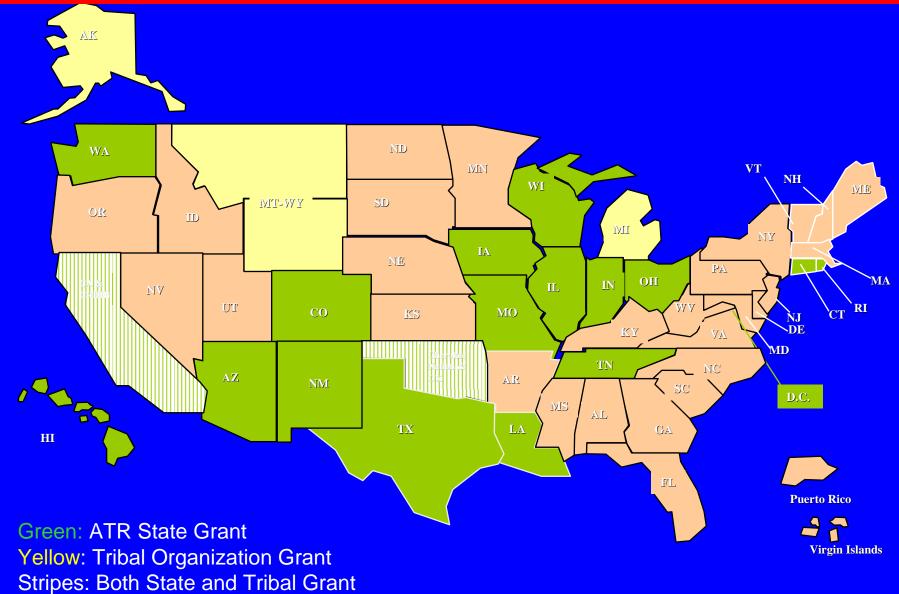
Program Objectives

- Increase available treatment and recovery support services (including faith-based)
- Expand access to these services
- Provide client choice through use of electronic "vouchers"

Historical Overview

- Began in 2004 as a "Presidential Initiative"
- \$300 million over 3 years.
- 2004: Grants awarded to 14 U.S. States and 1 Tribal Organization.
- 2007: Grants awarded to 19 States and 5 Tribal Organizations.

Access to Recovery-II (2007-2010)



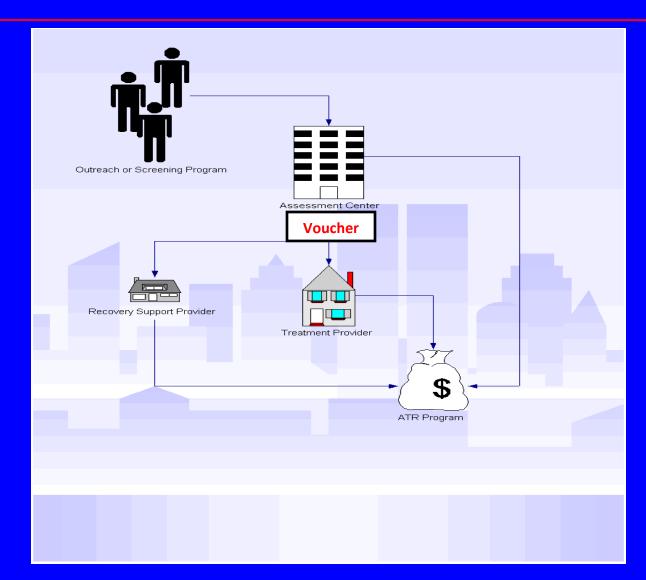
Maintaining Quality Standards Among Providers

All service providers are required to adhere to standards established by the State or Tribal Organization The Role of Faith-based Community Organizations

• Expand service choice for clients who desire a a more spiritual approach to their recovery.

• Trustworthy source of services.

Electronic Voucher System



Examples of Voucher-Covered Services

Clinical Treatment

- Screening
- Brief intervention
- Treatment planning
- Group counseling
- Case management
- Pharmacological interventions
- HIV counseling
- Co-occurring treatment

Recovery Support Services

- Employment coaching
- 12-step groups
- Recovery coaching
- Traditional healing
- Transportation
- Peer support
- Spiritual support
- Family services
- Sober housing

Advantages of An Electronic Voucher System

- Reduce paperwork.
- Improve referral process for clients.
- Enhance data collection on client outcomes.
- Increase accountability by tracking clients through the system.

What's on an Issued Voucher?

- Client Identification
- Service Type
- Provider Identification
- Not To Exceed (NTE) Amount
- Date Voucher Issued
- Date Voucher Expires

What's on a Redeemed Voucher?

- Provider
- Actual Services Delivered
- Actual Dates of Service
- Actual Reimbursement Claim
- Signatures

Data Collection

• Financial Information

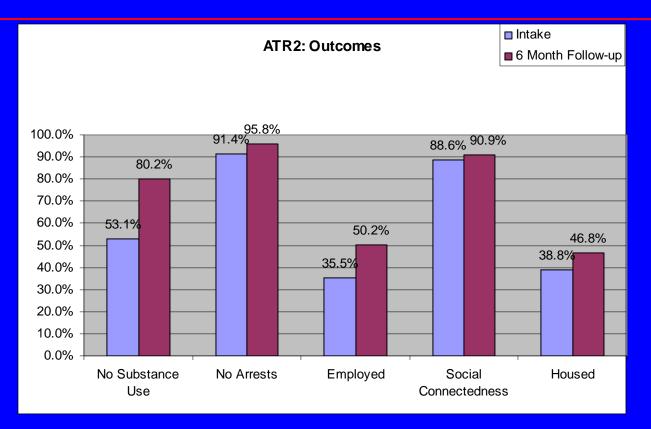
• Service Performance

• Client Outcomes

National Outcome Measures

- Abstinence from Substance Use
- Criminal or Juvenile Justice Involvement
- Employment/Education
- Social Support of Recovery
- Living Conditions (housing)

Outcomes



- Clients reporting no substance use increased 51.1%
- Clients reporting no arrests increased 4.8%
- Clients reporting being employed increased 41.6%
- Clients reporting being socially connected increased 2.5%
- Clients reporting being housed increased 20.4%

SAMHSA, November 2009

Services and Voucher Data

- 89% of clients received Recovery Support Services
- 48% of funds redeemed for Recovery Support Services.
- 29% of dollars paid have been to faith-based organization.
- Faith-based organizations account for 32% of Recovery Support and 29% of Clinical Treatment providers.

Technical Assistance Provided

- Billing and documentation
- Business practices and procedures
- Reimbursement processes
- Working with substance abusing clients
- Data collection and other reporting requirements

Recovery Community Services Program

Program Objectives

• People in recovery providing support services to prevent relapse and sustain recovery.

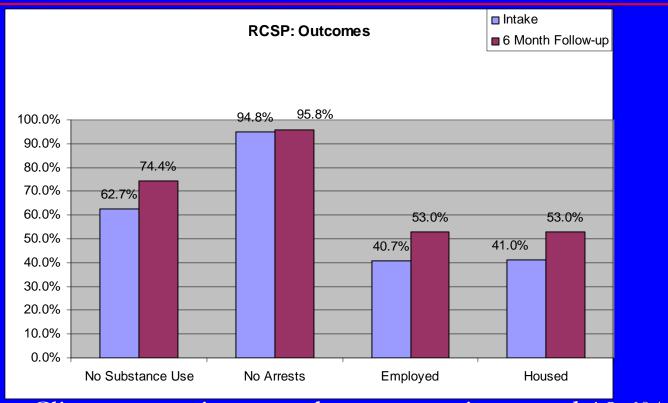
• Promote a sense of self-worth, links to social supports, and quality of life.

• Tailored to local needs identified by community members.

Services Offered

- Peer-led recovery support groups and meetings.
- Recovery "mentoring".
- Case management, information, and referral.
- Recovery education programs.
- Alcohol- and drug-free social and recreational activities.

Outcomes



- Clients reporting no substance use increased 18.6%
- Clients reporting no arrests increased 1.1%
- Clients reporting being employed increased 30.0%
- •Clients reporting being housed increased 29.3%

SAMHSA, November 2009

Recovery-Oriented Systems of Care: Conclusions

- Person-Centered
- Continuum of Care
- Culturally Responsive
- Integrated Services
- Outcomes Driven
- Evidence-Based
- Adequately and Flexibly Financed



Thank You!

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