



ELEVENTH MEETING OF THE EXPERT GROUP ON
DEMAND REDUCTION
September 29 – October 1, 2009
Mexico DF, Mexico

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XI Meeting of CICAD's Demand Reduction Expert Group Towards the Development of Comprehensive Public Policies on Drug Treatment

Ministry of Foreign Affairs
September 29 – October 1st, 2009
Mexico City, Mexico

INTRODUCTION

CICAD's Group of Experts on Demand Reduction was established by the CICAD Commission at its twenty-first regular session in 1997. Composed of experts nominated by each member state, it is an advisory body to the Commission on technical matters having to do with substance abuse prevention and treatment. The Expert Group's remit includes developing models, programs and guidelines to address the many problems deriving from substance use and abuse in the hemisphere.

Despite some progress in improving drug treatment over the last twenty years, a significant gap remains between the number of treatment slots available and the need for treatment. This has led CICAD to encourage member states to give more priority to drug treatment in their national drug policies, to improve conditions in their treatment facilities, and to step up their training for treatment personnel. The goal is to offer treatment programs that are accessible and affordable, and, insofar as possible, integrated into the national health care system at all levels of care.

Under the chairmanship of Mexico for the term of office 2009-2010, with the vice-chairmanship being held by the United States, the Expert Group is to develop a body of recommendations, which will be summarized in a Declaration of Principles on Drug Treatment, to guide member states in their efforts to improve the care given to drug users and drug-dependent persons in the hemisphere.



SCHEDULE OF ACTIVITIES

Tuesday, September 29

08:30	09:00	<p><i>Participant Registration</i></p>
09:00	10:00	<p>Inaugural Session</p> <p>Ambassador Lourdes Aranda Bezaury Under Secretary Foreign Affairs Secretariat, Mexico</p> <p>Ambassador James F. Mack Executive Secretary Inter-American Drug Abuse Control Commission Organization of American States CICAD/OAS</p> <p>Dr. Thomas McLellan Deputy Director Office of National Drug Control Policy ONDCP, United States</p> <p>Lic. Margarita Zavala Chair Council of the National System for Comprehensive Development of the Family DIF, Mexico</p> <p>Dr. Mauricio Hernández Ávila Under Secretary for Prevention and Health Promotion Health Secretariat, Mexico</p>
10:00	10:30	<p><i>Coffee Break</i></p>
10:30	11:00	<p>Introduction to the eleventh meeting of the Demand Reduction Expert Group: Towards the development of comprehensive public policies on drug treatment This meeting of the Demand Reduction Expert Group is designed to</p>



prepare guidelines that will help member states improve their drug treatment services by developing comprehensive public policies on treatment. The Chair and Vice Chair of the Group currently held by Mexico and the United States respectively, will discuss how the Group will work over the next two years to achieve this objective.

Dr. Carlos José Rodríguez Ajenjo, M.D.
 Chair of CICAD's Demand Reduction Expert Group
 Technical Secretary
 National Addictions Council
 CONADIC, Mexico

Mrs. June Sivilli, M.A.
 Vice Chair of CICAD's Demand Reduction Expert Group
 Senior Advisor International Demand Reduction
 Office of Demand Reduction
 Office of National Drug Control Policy
 ONDCP, United States

Ambassador James F. Mack
 Executive Secretary
 Inter-American Drug Abuse Control Commission
 Organization of American States
 CICAD/OAS

11:00	11:20	<p>Method of work for the Expert Group 2009-2010</p> <ul style="list-style-type: none"> • <i>How will the various topics on the agenda for this meeting be addressed in the panels?</i> • <i>What do we expect the outcome of the meeting to be?</i> • <i>By what means can the Expert Group promote improvements in drug treatment in the member states?</i>
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Anna McG. Chisman
 Head, Demand Reduction
 Inter-American Drug Abuse Control Commission
 Organization of American States
 CICAD/OAS

11:20	11:45	<p>Draft declaration on Principles of Drug Treatment Drug use and its consequences are a serious public health problem that significantly affects the quality of life in our hemisphere. Recent research findings over the last few decades mean that we must</p>
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refocus our drug treatment strategies to take account of good evidence and consensus expert opinion, and recommend that countries update their policies on treatment.

Key questions:

- *What are the hemisphere's priorities in the area of treatment for problems associated with drug use?*
- *What progress has been made in the hemisphere in the development of policies on drug treatment?*
- *What should our approach be to treatment of drug abuse and dependence, bearing in mind that it is a chronic, relapsing disease?*
- *What are the essential components of a comprehensive policy on treatment?*
- *In light of current knowledge,*
- *How is the idea of treatment as a continuum of care matched to client needs related to cost-effectiveness criteria?*

Dr. Carlos Rodriguez Ajenjo
Chair, CICAD's Demand Reduction Expert Group
CONADIC, Mexico

11:45	12:30	<p>Problems associated with drug use: an overview from the health perspective</p> <p>Viewing drug use problems as “public health problems” means a recalibration by the Governments of the hemisphere. Issues such as the epidemiologic basis for decisions, a determination of the health burden associated with drug use, and the inclusion of drug treatment in national health plans are key to this process.</p> <p>Dr. Mauricio Hernández Ávila Under Secretary for Prevention and Health Promotion Health Secretariat, Mexico</p>
12:30	14:00	LUNCH
14:00	14:30	<p>Hemispheric Approach to Public Policies in Drug Treatment</p> <p>The implications of drug treatment on member states' public policies in general must be examined. Questions such as the right to treatment, the allocation of government funds, the integration of drug treatment into the health care services, and respect for human</p>



rights must be raised in connection with drug treatment. CICAD is promoting a policy discussion of these issues on the basis of the best available evidence.

Key questions:

- *How much importance is attached to drug treatment in the context of overall policy development in the hemisphere?*
- *How does this influence the type of services offered?*
- *Why should the issue of treatment be linked to national policies?*

Dr. Luis Alfonzo Bello, M.D.
Demand Reduction Specialist
CICAD/OAS

14:30

16:30

PANEL 1

Laying the groundwork for a drug treatment policy
Discussion of the formulation of a drug treatment policy based on specific experiences – principles, strategies, design and implementation, challenges and opportunities

Key questions:

- *Which government departments or sectors should develop such a policy?*
- *Is there a road map for development and implementation of drug treatment policies?*
- *What are the essential elements of a comprehensive public policy on treatment?*
- *What are the obstacles to the development of policy in this area, and how can we overcome them?*

Panelists

Dr. Bartolomé Pérez-Galvez
Director of the Provincial Drug Plan of Alicante, and
Former Director General of Drug Dependence for the Community of Valencia
Spain

Lic. Eugenia Mata
Demand Reduction Coordinator
Institute for Drug Control (ICD)
Costa Rica



Moderator and comments

Dr. Mariano Montenegro
Director of Treatment
National Drug Council
CONACE, Chile

16:30 17:00 *Coffee Break*

17:00 18:30 Debate

Moderator

Dr. Mariano Montenegro
CONACE, Chile

18:30 Close

18:45 COCKTAIL RECEPTION HOSTED BY CICAD IN THE MINISTRY OF FOREIGN AFFAIRS



Wednesday, September 30

09:00 11:00 PANEL 2

Role of information systems in the development of drug treatment policies: what do we need to know?
Information systems have become a key part of policy development, both in design and in execution, evaluation and course correction.

Key questions:

- *What kind of information is needed to design and implement a comprehensive policy on drug treatment?*
- *What are the indicators on drug treatment that we need to develop in the hemisphere?*
- *What sources do we need? Direct and indirect data.*

Panelists

Dr. Francisco Cumsille
Chief of the Inter-American Observatory on Drugs
CICAD/OAS

Dr. Indalecio Carrera
Psychiatrist
Addiction Assistance Center of the City Association Against Drugs of ACALD A Coruña
Galicia, Spain

Mr. Terrance Fountain
Deputy Director
National Drug Observatory
National Antidrug Secretariat
Ministry of National Security
The Bahamas

Moderator and comments:

Dr. Jorge Villatoro
Researcher
National Psychiatric Institute "Dr. Ramón de la Fuente M.", Mexico

11:00 11:30 *Coffee Break*



11:30	12:30	<p>Debate</p> <p><u>Moderator</u></p> <p>Dr. Jorge Villatoro National Psychiatric Institute "Dr. Ramón de la Fuente M.", Mexico</p>
12:30	14:00	LUNCH
14:00	15:00	<p>Debate (cont.)</p> <p><u>Moderator:</u></p> <p>Dr. Jorge Villatoro National Psychiatric Institute "Dr. Ramón de la Fuente M.", Mexico</p>
15:00	16:00	<p>PANEL 3</p> <p>Screening and brief intervention strategies: A bridge to the health system? Public resources assigned to drug treatment tend to be scant, and are largely devoted to financing specialized interventions. However, more than 90 per cent of drug users who need treatment either do not seek it, or do not receive it in timely fashion. Brief intervention is proposed as one option for increasing coverage at low cost, and also as a form of indicated prevention.</p> <p><i>Key questions:</i></p> <ul style="list-style-type: none"> • <i>Is it possible to develop brief intervention strategies for drug use as well as alcohol use?</i> • <i>How effective are these interventions?</i> • <i>Is the primary health care system in our countries a good location for conducting brief interventions?</i> <p><u>Panelists</u></p> <p>Dr. Wilson Compton, MD., M.P.E., Director Division of Epidemiology, Services and Prevention Research, National Institute on Drug Abuse (NIDA), United States Screening, Brief Intervention, Referral & Treatment (SBIRT)</p>



Dr. Paulina do Carmo Arruda Vieira Duarte
 Deputy National Anti-Drug Secretary
 National Secretariat for Drug Policy
 SENAD, Brazil
 System for the detection of the abuse, use of and addiction to
 psychoactive substances: Referral, brief intervention, social
 rehabilitation and follow-up (SUPERA)

Moderator and comments:

Dr. Carlos José Rodríguez Ajenjo
 CONADIC, México

16:00 16:30 *Coffee Break*

16:30 18:30 Debate

Moderator

Dr. Carlos José Rodríguez Ajenjo
 CONADIC, México

18:30 Close

19:00 RECEPTION HOSTED BY THE GOVERNMENT OF MEXICO



Thursday, October 1st

09:00 10:45 PANEL 4

Problems associated with drug use in the context of public health policies

Drug abuse and dependence are very significant complications of drug use, but are not the only ones. Drug use is often associated with mental disorders and physical problems such as infections or lesions, which represent a serious problem for diagnosis and treatment.

Key questions:

- *In addition to abuse and dependence, what other problems associated with drug use are having a major impact on the health systems of the countries of the hemisphere?*
- *What is the state of the art in treating these co-occurring disorders?*
- *What are the implications of co-occurring disorders from the epidemiological standpoint?*

Panelists

Dr. Carlos José Rodríguez Ajenjo
CONADIC, Mexico
Medical Co-morbidity (infections and lesions)

Dr. Winston de la Haye, M.D.
Department of Community Health and Psychiatry
University of the West Indies
Psychiatric Co-morbidity

Moderator and comments

Ms. Harlie Outhwaite
Research Analyst,
Office of Demand Reduction
Health Canada

10:45 11:15 *Coffee Break*

11:15 12:30 Debate



Moderator

Ms. Harlie Outhwaite
Health Canada

12:30 14:00 LUNCH

14:00 16:00 PANEL 5

Challenges for policies on post-treatment aftercare
Aftercare (or “social reintegration”) plays a crucial part in reducing the impact of drug use and in the medium- and long-term prognosis for people receiving treatment. However, the subject is relatively under-developed in the hemisphere.

Key questions:

- *What are the principal psychosocial complications of substance use in the countries of the hemisphere?*
- *What should our strategies be for developing public policies on aftercare?*
- *Is it possible to integrate aftercare into our countries’ other social policies?*
- *How can international cooperation help in this area?*

Panelists

Dr. Mariano Montenegro
CONACE, Chile

Dr. Westley Clarke, J.D., M.D. (to be confirmed)
Director, Center for Substance Abuse Treatment (CSAT),
Substance Abuse and Mental Health Services Administration
(SAMHSA), United States
Access to Recovery – Reentry, Treatment, Recovery and Social
Services Support

Moderator and comments

Mrs. June Sivilli
Vice Chair of CICAD’s Demand Reduction Expert Group

16:00 16:30 *Coffee Break*



16:30

17:45

Debate

Moderator

Mrs. June Sivilli
Vice Chair of CICAD's Demand Reduction Expert Group
ONDCP, United States

17:45

18:15

Conclusions and Recommendations
Principles of drug treatment

18:15

18:30

Close of the meeting

Amb. Oscar Maúrtua de Romaña
Representative
Office of the OAS in México

Anna Chisman
Head, Demand Reduction
CICAD/OAS

Carlos José Rodríguez Ajenjo
Chair of the Demand Reduction Expert Group
CONADIC, Mexico