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**INTER-AMERICAN DRUG ABUSE
CONTROL COMMISSION
CICAD**

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XVIII MEETING OF GROUP OF EXPERTS ON DEMAND REDUCTION



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August 22nd – 24th, 2017

**Chilean Ministry of Foreign Relations
Calle Teatinos N° 180, Santiago de Chile.
Santiago de Chile**

XVIII MEETING OF GROUP OF EXPERTS ON DEMAND REDUCTION



OBJECTIVE:

Develop recommendations for the drug commissions of the hemisphere in regards to the implementation of specific policies for the prevention and treatment of drug use, with an emphasis on addressing trauma, selective and indicated prevention in socially vulnerable and at-risk adolescent population, and treatment outcome indicators.

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PARTICIPANTS

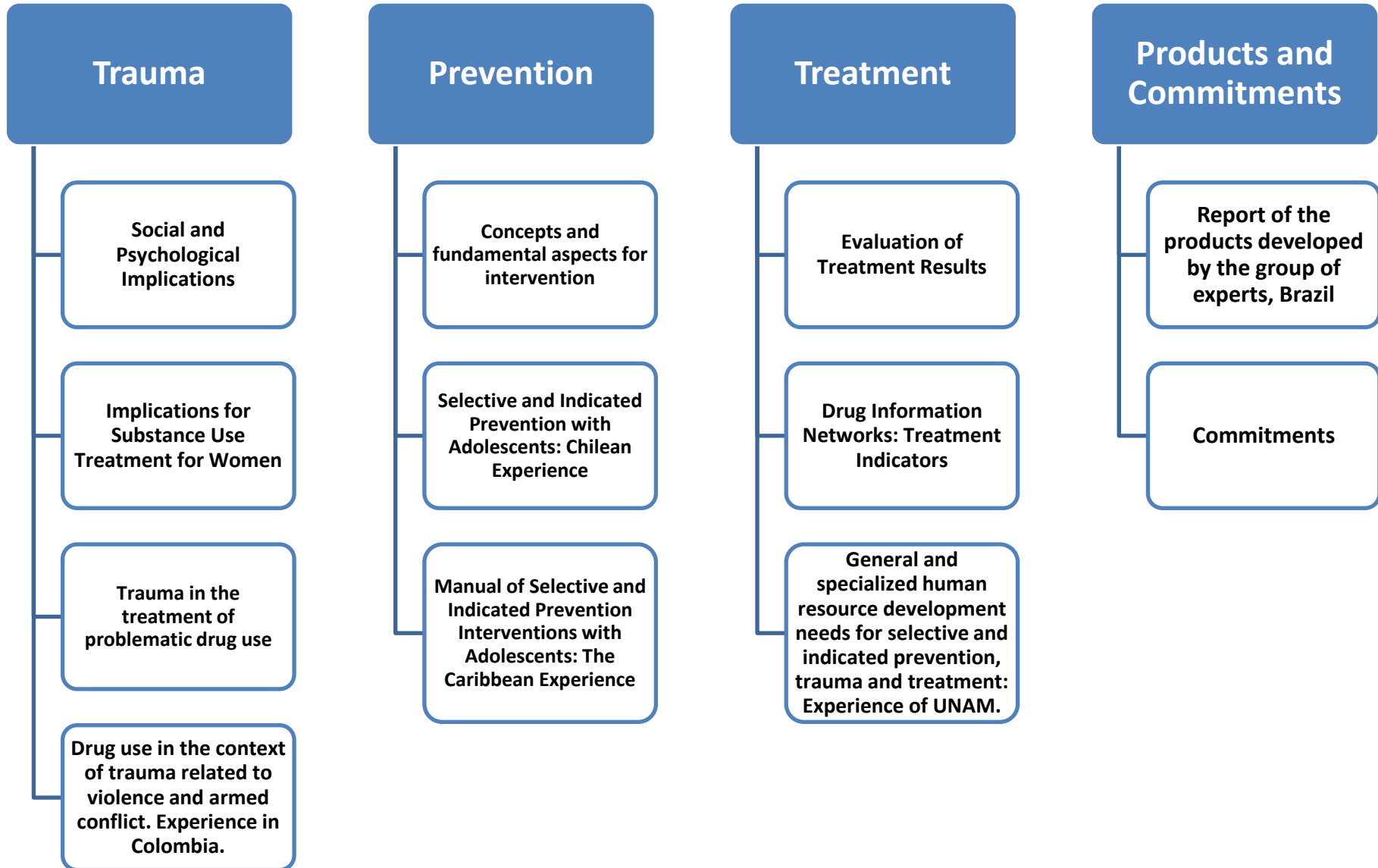
1. CICAD Member States

Argentina, Bahamas, Bolivia, Chile, Colombia, Costa Rica, Ecuador, El Salvador, Guatemala, Haiti, Honduras, Jamaica, Mexico, Panama, Paraguay, Peru, Trinidad and Tobago, Uruguay and the United States.

2. International Organizations

- **Cooperation Programme between Latin America, the Caribbean and the European Union on Drugs Policies - COPOLAD.**
- **Bioenxum Health Center - Spain**

General thematic lines addressed at CICAD's
XVIII Meeting of Group of Experts on Demand Reduction



Lines of analysis: *Trauma*

Social and Psychological Implications



- Concept and contexts of Trauma.
- Symptoms of post-traumatic stress.
- Traumatic processes and substance use.

Implications for Substance Use Treatment for Women



- Violence against women, public health and human rights.
- Violence against women and substance use.
- School based prevention and harm reduction programs for youth and students.
- 19 points for interventions with women substance users that are victims of abuse, violence and trauma (UNODC 2004).
- Trauma based models for women, the Matrix Model, SSTARBirth, and Helping Women Recover (HWR).

Trauma in the treatment of problematic drug use



- Criteria for the definition of post-traumatic stress.
- Causes and consequences of trauma. Link with substance use.
- Difficulties and challenges in the treatment for symptoms of trauma, and difficulties in diagnosis and treatment; the possible link with relapses, the need for individual and group therapy, and a specialized approach among others.

Drug use in the context of trauma related to violence and armed conflict. Experience in Colombia.



- Victims Psychosocial Care and Integral Health Program -PAPSIVI for victims of armed conflict
- Scope of the Havana peace agreements on the subject of drugs.
- Statutory Law on Health, the 10-year Health Plan and the National Plan for the promotion of health, prevention and treatment of substance use of SPA 2014-2021.
- Differential Lifepath Program (Programa Camino Diferencial de Vida). Service and consolidation of the life projects of ex-combatants under 18 years old.

Lines of analysis: *Prevention*

Concepts and fundamental aspects for intervention



- Educational Centers Model for the prevention of the drug phenomenon (CEPREDE), *whose objective is to train the educational community members, aided by the establishment of institutional guidelines, to carry out actions that promote an educational environment free of drug use.*

- Results obtained by community coalitions and the "Strong Families" Program.

Selective and Indicated Prevention with Adolescents: Chilean Experience



- Characteristics of the interventions developed in Chile for the school population.

- "Actuar a Tiempo" program (Act on Time). Six stages that address the integral needs of at risk youth population in the school environment, through tailor-made activities developed to achieve the objectives of selective and indicated prevention.

Manual of Selective and Indicated Prevention Interventions with Adolescents: The Caribbean Experience



- Intervention work with adolescents, through the PROCER specialized program.

Evaluation of Treatment Results



- Description of the treatment offer in Chile and the operations system of treatment centers.
- La recuperación, la calidad, el sistema de Información y Gestión de tratamiento SISTRAT y la trayectoria de la Atención.
- Recovery, quality, the SISTRAT treatment information and management system and the trajectory of Care.
- Methodologies used and the TOP tool (Treatment Outcomes Profile).

Drug Information Networks: Treatment Indicators



- National Drugs Observatories and its characteristics in the different countries of the Americas.
- Development of two useful products for countries Integral Treatment Systems: 1. Manual on design, monitoring and evaluation of a Drug Treatment Information System; and 2. Information system on treatment in the Caribbean

General and specialized human resource development needs for selective and indicated prevention, trauma and treatment: Experience of UNAM.



- Need to establish public policies aimed at reducing stigma of people suffering from mental disorders, trauma and drug use.
- Current needs to promote the monitoring and supervision of health professionals and non-professionals in the field of primary care for mental disorders and psychological disorders.
- Public policy should establish guidelines and actions for the implementation of alternatives for healthy behavior.

Products developed by the group of experts, Brazil

1. Practical guide for the implementation and systematization of strategies for early detection and brief intervention in community settings and primary health care.

Good implementation results, still with a great need for training people who carry out the activities, the evaluation of processes and results.

Systematic review of articles published in countries of the region. This review allowed the identification of great strengths, which can be adapted for implementation in other countries.

2. Protocol for long-term follow-up and relapse prevention, to be used within the brief intervention models for people presenting problematic use of psychoactive substances.

Follow up on the shared information at the last meeting of the Group of Experts on Demand Reduction.

Piloting with Direct Observation, which is a very important novelty for the implementation of the guide. The most successful modality was the mixed one, where in-person training is combined and through the distance platform.

The 19 delegates from the participating countries thanked and congratulated CICAD and the presidency of the GREXPRD chaired by SENDA, for the excellent work done. They unanimously announced their willingness to work together during the next 2 years, in the elaboration of the products to be carried out within the framework of this group of experts.

Dr. Jimena Kalawski, opened a discussion to gather ideas and suggestions for the construction of the three products proposed by Chile to develop during the presidency.

Product No 1:

Recommendations for the Approach of Trauma in the treatment of problematic drug use, with emphasis on the treatment of trauma in women, adults and children

Product No 2:

Recommendations for work with adolescents in selective and indicated prevention.

Product No3:

Recommendations for Evaluation of Therapeutic Results through treatment indicators.

Meeting agreements

It was agreed to develop these products in two phases.

First:

- Construction of a simple, short and practical document that takes into account the particularities of each country, with recommendations for implementation based on scientific evidence.

Second:

- Pilot testing, training and the identification of successful programs that can be transferred and shared with other countries.

Each country expressed its interest in participating in the elaboration of the products as follows:

Product 1: Colombia, Guatemala, Mexico, Bolivia, Ecuador, Paraguay, Peru, El Salvador, and Honduras.

Product 2: Colombia, Guatemala, Argentina, Mexico, Ecuador, Peru, Paraguay, El Salvador, Jamaica, Honduras, Bolivia, and Panama

Product 3: Colombia, Argentina, Guatemala, Mexico, Ecuador, Paraguay, Peru and Honduras.