

## Moving beyond the crisis cycle: A drug policy future

62<sup>nd</sup> Regular Session of the Inter-American Drug Abuse Control Commision (CICAD), Secretariat for Multidimensional Security Organization of American States (OAS)

Civil Society Dialogue

Dan Werb, PhD
Division of Global Public Health
University of California, San Diego

December 13<sup>th</sup>, 2017 Washington, DC

#### The Opioid Epidemic in North America: Sharp Increases in Drug Overdose Deaths



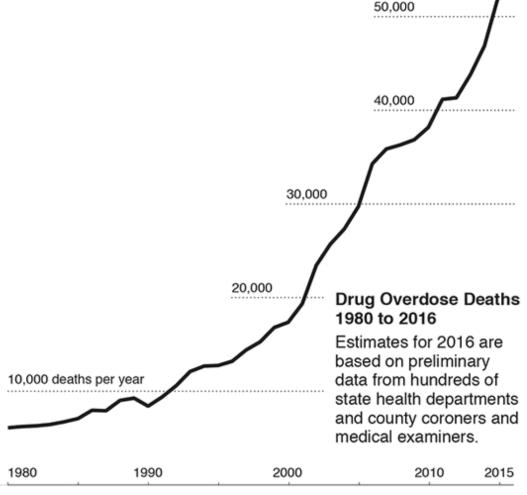


B.C. opioid crisis: Province on pace for more than 1,400 overdose deaths in 2017



Published on: May 31, 2017 | Last Updated: May 31, 2017 4:43 PM PDT







## This is no longer a crisis of drug use

Over-reliance on supply reduction as a form of drug prevention

Global in scope

Irreversible



## ... This is a crisis of contamination



# A predictable 'next step' in opioid trafficking

- Opium
- Laudanum
- Heroin
- Fentanyl
- Carfentanil
- ... 5555



## Is fentanyl here to stay?

Difficult to turn back market efficiencies

Is fentanyl affecting market size?

Likely that left unchecked this will be the new normal



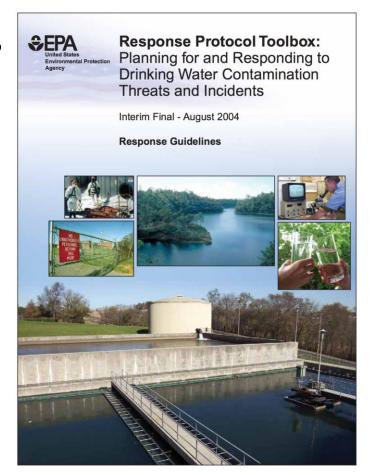
#### How to treat contamination?

We have a crisis of toxic supply

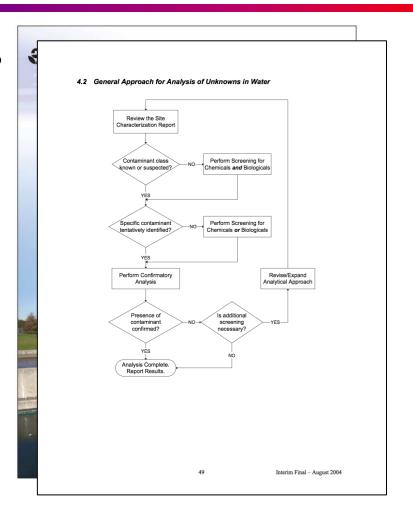
Supply has overwhelmed policy and interventional levers

• *BUT*: There is a playbook

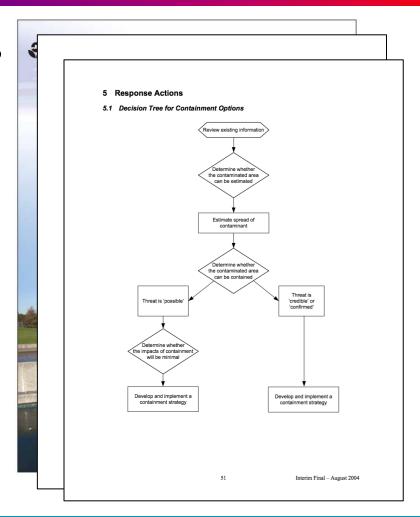




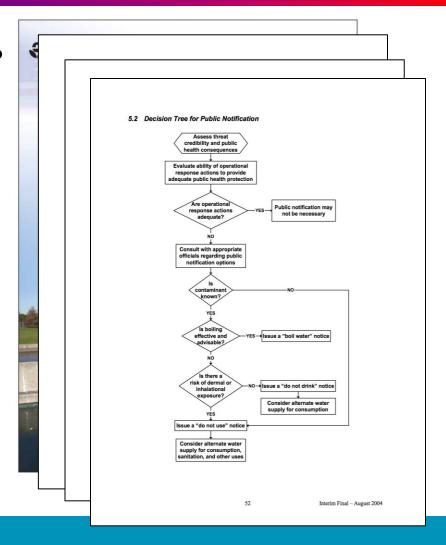












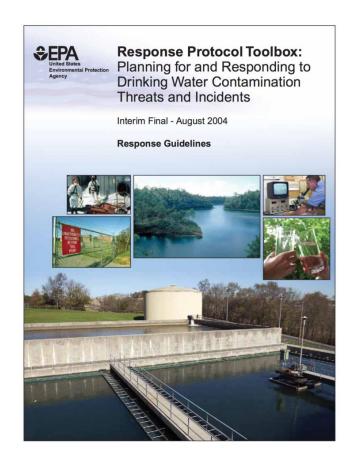


• **Step 1:** Communicate risk

Step 2: Treat poisonings

• Step 3: Remove contaminants

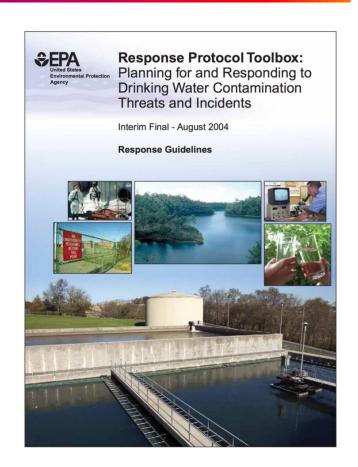
Step 4: Replenish supply





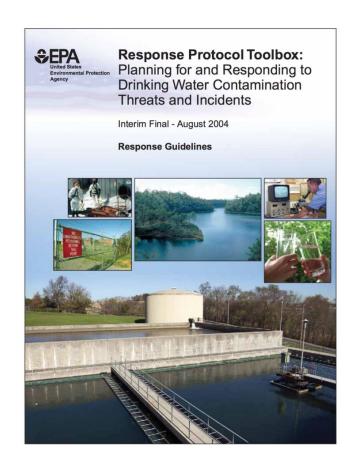
#### • Step 1: Communicate risk

- Engagement with people relying on supply
- Based on peer knowledge
- Must be reliable + trustworthy
- Must be devoid of moralizing
  - "It's your fault you drank poisoned water"



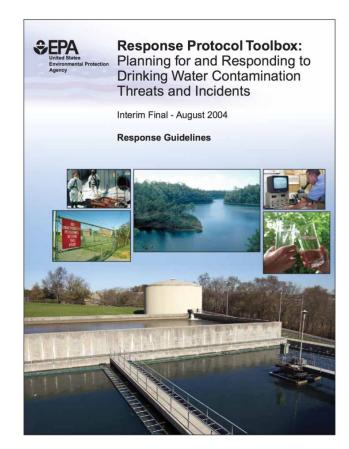


- Step 2: Treat poisonings
  - Oxygen, naloxone
  - Medical attention (SIF, OPS)
  - Connecting with 'hidden' populations



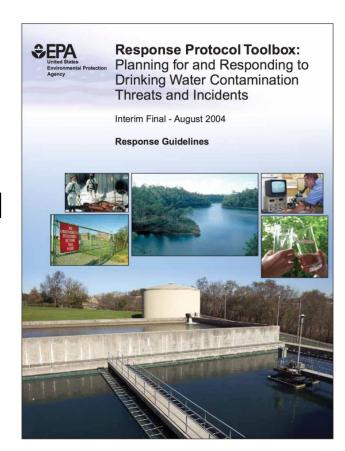


- Step 3: Remove contaminants
  - Street drug checking
    - Identify toxic substances
    - Knock on effect if person is using with a friend or is dealing
    - Increases 'risk competency'
    - Only intervention that mitigates risk of OD *prior* to drug use



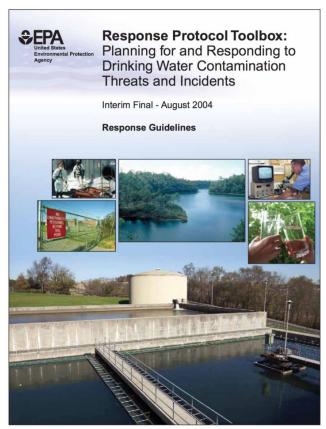


- Step 4: Replenish supply
  - Not enough to respond to poisoning
  - New normal ≠ Business as usual
    - "Oh well, I guess the water's poisoned from now on"
  - Need to introduce stasis to the market





- Step 4, con't: Replenish supply
  - Medication-assisted treatment
    - Methadone
    - Buprenorphine
    - Suboxone
  - Prescription heroin
  - Standard-dose opioids





## Responding to contamination: Barriers

 We have most of the tools we need to respond to the OD crisis

- Three major barriers remain:
  - 1. Stigma
  - 2. Scale-up
  - 3. Political will



#### How do we move forward?

- Change starts with a realization that we are already halfway there
  - Heroin prescription, medication-assisted treatment,
     SIF, street drug checking: de facto 'micro-regulation'
  - Consider that multiple regulatory structures exist:
    - recreational cannabis vs. heroin prescription
- Need to confront where our policies are taking us



#### **Conclusions**

We need to scale up the tools we already have

Scale up happens by addressing stigma

Stigma can be reduced through policy change

 Policy change happens by recognizing what already exists: a poor system of regulation



## **Questions?**

Thanks for listening.

dwerb@ucsd.edu