

Saint Lucia – Helen Of The West





Treatment Data Collection

SAINT LUCIA

BACKGROUND

- ▶ Drug Treatment data – Usefulness
 - ▶ • Identifying patterns of drug use
 - ▶ • Indirect indicator of trends in problem drug
- ▶ Use
 - ▶ • Management Purposes
 - ▶ • Policy and Advocacy
 - ▶ • Identifying patterns of service utilization
 - ▶ • Service Evaluation

OBJECTIVES

- ▶ Provide management of treatment centre with accurate data for policy development, advocacy and other critical management processes;
- ▶ Identify patterns and trends of drug use in clients of the treatment facility;
- ▶ Identify patterns of service utilization.

Turning Point Drug and Alcohol Rehabilitation Centre



BACKGROUND

- ▶ Twenty-bed residential facility
- ▶ Turning Point offers a comprehensive program that is designed to help clients to recover from drug dependence or addiction, and return to productive living.
- ▶ Services include
 - ▶ Diagnosis & evaluation
 - ▶ Medically supervised detoxification
 - ▶ Addiction & drug education,
 - ▶ Psycho-social assessment and treatment planning,
 - ▶ Individual therapy, group and family therapy, life skills training, relapse prevention management,
 - ▶ The 12 step spiritual program,
 - ▶ Good nutrition and general nursing care,
 - ▶ After-care and follow up counseling.

2015 Treatment Data Results

- ▶ Total of 55 cases ; 9 females and 46 males.
- ▶ Majority were St. Lucian (92%), 3 clients were from Dominica and 1 was from St. Vincent.
- ▶ A significant number of persons seeking treatment were under 20 years old (27%).
- ▶ Most persons were referred for treatment via the health care system (23%) or by the school system (21%).
- ▶ 45% of those seeking treatment was for problematic alcohol use followed by problematic marijuana use (43%).
- ▶ The majority of those in treatment for problematic marijuana use were between the ages of 10-19 years old (58%).
- ▶ The majority of those in treatment had some level of secondary education (53%) while only about 35% had completed their university education and 23% their primary education.
- ▶ Most persons seeking treatment were either working/self-employed (34%) or were unemployed (32%).
- ▶ 25 out of the 55 persons in treatment (45%) were arrested at least once in their lifetime.
- ▶ Of that number, 7 persons (28%) were arrested at least once in 2015. 17 persons (30%) indicated that they were diagnosed with a psychiatric disorder.

2016 Treatment Data Results

- ▶ Total of 55 cases ; 5 females and 50 males.
- ▶ Majority were St. Lucian.
- ▶ A significant number of persons seeking treatment were under 20 years old (31%).
- ▶ Most persons were referred for treatment via the health care system (24%) or by the school system (24%).
- ▶ 51% of those seeking treatment was for problematic alcohol use followed by problematic marijuana use (38%).
- ▶ The majority of those in treatment for problematic marijuana use were between the ages of 10-19 years old (43%).
- ▶ The majority of those in treatment had some level of secondary education (63%) while only about 4% had completed their university education and 30% their primary education.
- ▶ Most persons seeking treatment were unemployed(42%) or not working/students (33%).
- ▶ 6 out of the 55 persons in treatment (10%) were arrested at least once in their lifetime.

Outcomes

- ▶ Contact has been established and maintained with the agency to promote compliance.
- ▶ Assistance has been provided with local implementation issues

(meeting with CICAD officials March 2014)

- ▶ Feedback has been provided in a timely fashion to the treatment centre .

(Sharing a copy of the Data Analysis Report)

Challenges

- ▶ Break in continuity of care due to shortage and transfer of Trained staff;
- ▶ Proposed intake form has not been fully adopted by the Centre.

Recommendation/way forward

- ▶ Adoption of proposed relevant documents;
- ▶ Recruitment of staff in specialised areas;
- ▶ Establishment of DIN
- ▶ Make adequate preparation for the inclusion of data in DIN