

Jacob's Rehabilitation Farm Center, NGO

*Bringing God's love to the people of Belize through
addiction rehabilitation.*

Introduction: Founding Principles

- ▶ **Executive Director, Ismael Villajos**
- ▶ (JRFC) is a Christ-centered organization that relies on God's grace and provisions to meet its needs and the needs of the residents. We believe that God has created each man in His image. We live in a fallen world because of sin. The only way to be restored is through faith in Jesus Christ alone. God forgives our sins if we confess them and return from them.

Who we are

- ▶ Jacob's Rehabilitation Farm Center is a registered Belizean NGO. • We are sanctioned by the Ministry of Health, National Drug and Alcohol Control Council (NDACC) as well as the Judiciary of Belize.
- ▶ We welcome any man who wants and needs help to recover from substance abuse. Residents must agree to follow the policies and rules of the farm. Residents will live on the farm for 6 months depending upon their progress.
- ▶ **Curriculum includes but is not limited to:**
 - ▶ Weekly Bible Study and Bi-monthly Sunday Worship Services
 - ▶ Journey to Freedom education
 - ▶ Clinical program in substance abuse and relapse prevention
 - ▶ Bi-weekly attendance at Alcoholics Anonymous meetings
 - ▶ Exit and Aftercare planning

More about our story

A Band of Brothers

- ▶ <https://www.youtube.com/watch?v=k-ihvrhb9T4>

Two Years Later

- ▶ <https://www.youtube.com/watch?v=YdgYLVN0qa8>

Jacob's Farm 2015

- ▶ <https://www.youtube.com/watch?v=4rnhq88yZtc&feature=share>

Goals for the Farm and Residents

- ▶ To share the gospel of Jesus Christ with each resident through Bible based teachings.
- ▶ To be good stewards of the land and to be self-sustaining by producing organic products.
- ▶ Goals for each resident include helping them to restore their self-respect and dignity by:
 - ▶ 1. Teaching them God's forgiveness and never-ending love for them,
 - ▶ 2. Development of recovery and relapse prevention skills,
 - ▶ 3. Involvement in AA, and
 - ▶ 4. Job training skills.

Clinical Program Components

Global Criteria: Twelve Core Clinical Functions

Screening

Intake

Orientation

Assessment

Treatment Planning

Counseling

Case Management

Crisis Intervention

Client Education

Referral

Reports and Record Keeping

Consultation

Patient Education Curriculum

Introduction to Treatment & the Twelve Steps

Acceptance VS Denial

Post-Acute Withdrawal Syndrome

Triggers and Coping Strategies

ABCs of Addiction

Phases of Addiction

Phases of Relapse

Nutritional Counseling/Education

Spiritual Education

Journey to Freedom Training

Life Recovery Bible Studies

Teen Challenge International Recovery Curriculum

Church attendance

Alcoholics Anonymous

Weekly attendance at local meetings

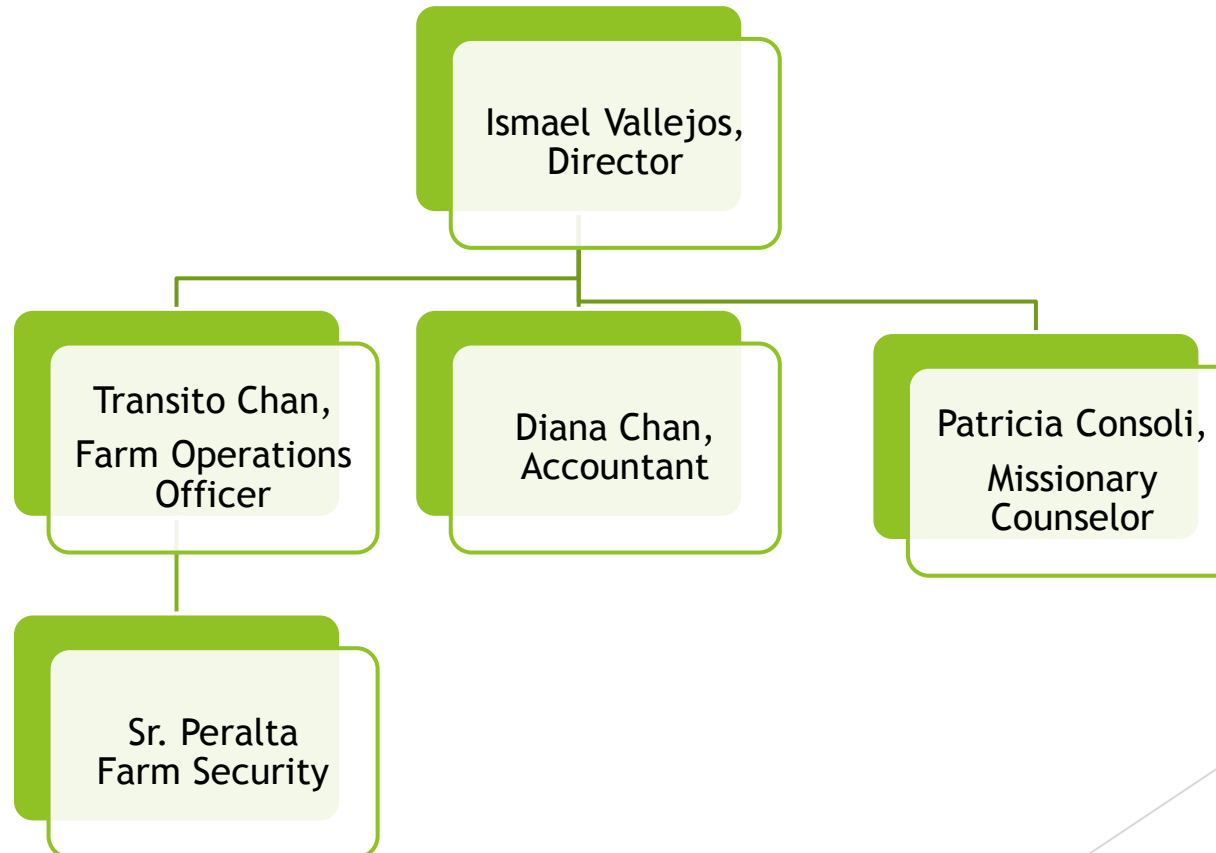
After Care

- ▶ Aftercare begins in the last weeks of treatment with the resident completing an “Exit Plan” which includes basic questions such as where will he living, how with he support himself, does he need further training/education, what action will he take to support his newfound sobriety, etc.
- ▶ The resident will also design a personal plan for change as part of the Journey to Freedom course during treatment that will take him into a JTF support group after graduation.
- ▶ The resident is also followed in an informal manner by the Pastoral Care team to determine the status of resident and whether he has any urgent needs.

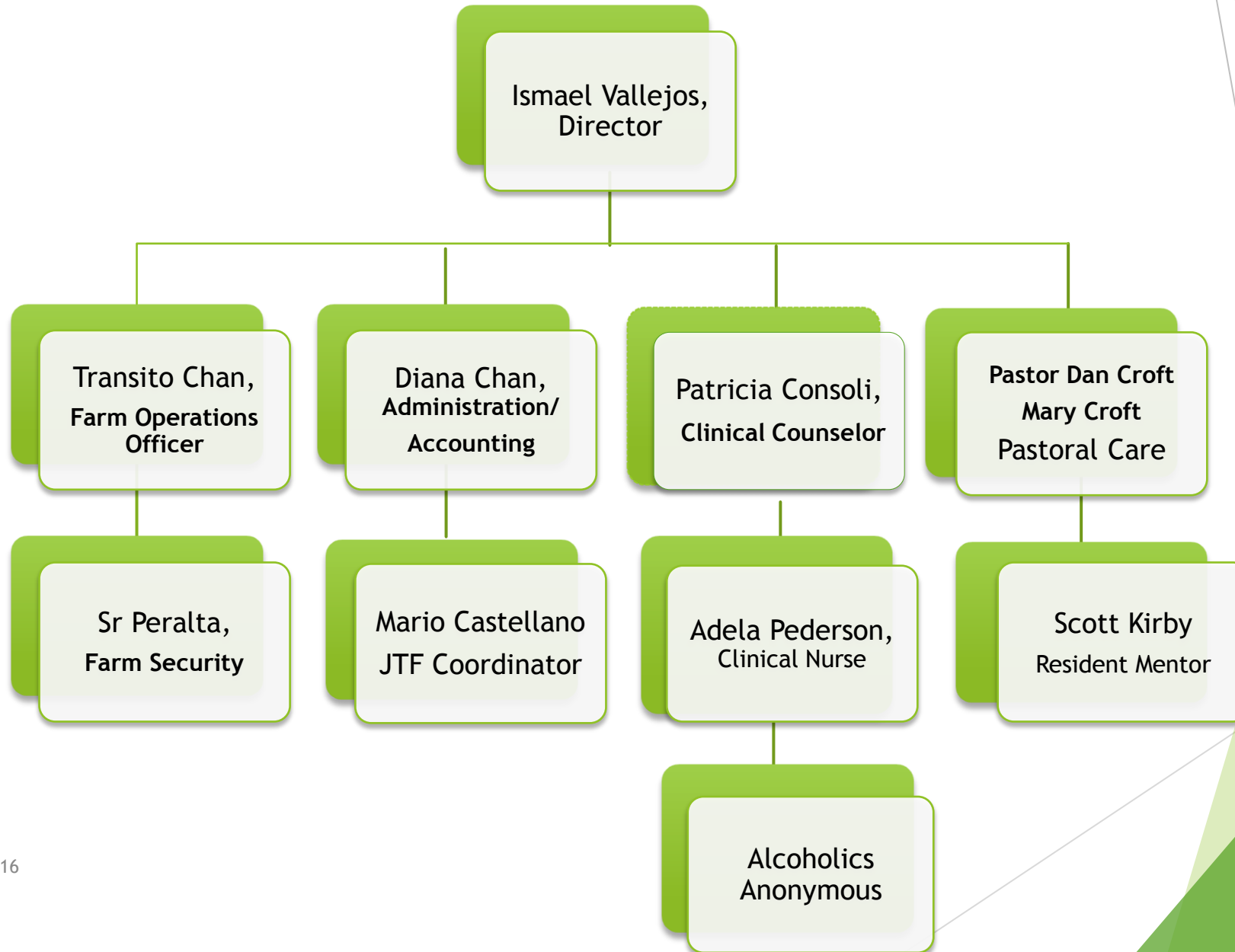
Journey to Freedom

- ▶ Journey to Freedom is an 8-10 week small group that is about learning to change the things in your life that keep you from reaching your full potential. It guides the participant through the stages needed for permanent, effective transformation to make room in the participant's life by teaching them that lasting change is possible; how to defeat obstacles and stay on course; the tools needed for an enduring commitment to a new lifestyle, and how to write a personal plan of action to keep you focused on your journey. For past 7 years the Restore journey series 8 -10 week small groups has been facilitated at Jacobs farm rehab.
- ▶ Journey to Freedom was introduced at Kolbe Belize Central prison in 2014 to date over 1200 inmates have graduated and seen life changing results. The 40-50 inmate facilitators lead journey groups in buildings and walk along side their brothers and sisters in a life changing process of change. We do trainings and graduations two times a year in Belize
- ▶ Our Partnerships with Jacob's Rehabilitation Farm Center (JRFC), Kolbe Prison, the Belize City YMCA and various churches are the keys to addicts' gaining coping skills and can address the many re-entry needs in Belize and other countries. The vision for the country is to have healing communities thru out Belize. We have a full-time trained staff member to facilitate and train groups throughout the country.
- ▶ The small group process of journey to Freedom was introduced at Kolbe Belize Central

Jacob's Rehabilitation Farm Center 2014



Jacob's Rehabilitation Farm Center 2016



Contact Us

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