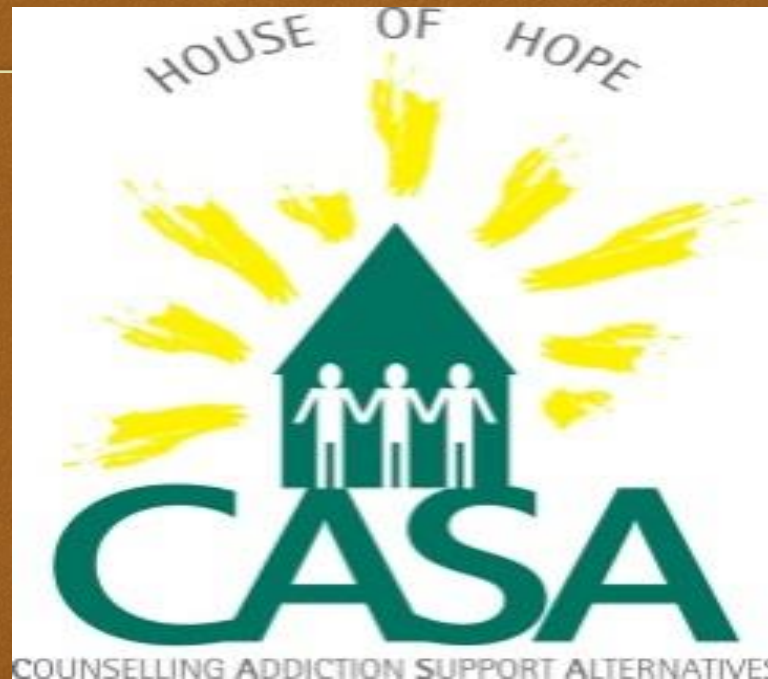


Panel 2 Drug Treatment Courts- Barbados



Drug Treatment Court (DTC) Treatment Provider: The Centre for Counselling Addiction Support Alternatives (CASA)



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What CASA Is



- ✧ It is a non-profit, non-governmental (NGO) community substance abuse treatment centre.
- ✧ It is a registered Charity
- ✧ As well as a non-residential facility

The Role of CASA



- ❧ To provide crisis intervention, community-based prevention, treatment and rehabilitation services to persons experiencing substance abuse and related problems regardless of culture, ethnic origin, religion, age, sexual preference, disability, or social status.

The Role of CASA in the Provision of Treatment for the DTC

- ❧ CASA plays the role of a treatment provider. There are three treatment providers in total. Presently, we treat the majority of the participants (There are 25 persons assigned to the court but there are 16 active clients and we are treating 15 of the 16).
- ❧ When clients are assigned to CASA from the DTC, a counsellor conducts an assessment to get a sense of the extent of the presenting problem and to determine who is the best counsellor to address the presenting problem. Clients are then seen by a counselor at the individual and family level to expose the clients to coping skills and techniques to overcome drug use.

The Role of CASA in the Provision of Treatment for the DTC

- ❧ Cognitive Behavioural Therapy and Motivational Interviewing Approaches are used
- ❧ Group sessions are also arranged to address relapse prevention.
- ❧ We also conduct drug tests and refer DTC clients to the National Council on Substance Abuse the agency responsible for assisting with additional support (mentoring, employment counselling, welfare services, skills development and enhancement and the life skills programme).

Data Requirements and Information Needs

- ❧ DTC clients are not treated any different from non-DTC clients in terms of data collection.
- ❧ For graduation there are data requirements:
 - ❧ Clients must have attended therapy sessions regularly
 - ❧ Court sessions have to be attended regularly
 - ❧ Clients are expected to have a given number of negative drug tests throughout the four phases with the results in the fourth phase being negative. E.g. In phases 2 and 3 there must be four consecutive negative urine drug tests
 - ❧ Overview of clients' entire progress
 - ❧ Successes of clients e.g. those who made changes early and maintained the change, those who abstained from drug use
 - ❧ Challenges clients experienced

Data Requirements and Information Needs

- ❧ Is the shared information enough to satisfy stakeholders?
- ❧ Yes and No
- ❧ **Yes**
- ❧ Information regarding drug test results assist the DTC team in making decisions. E.g. positive drug test readings leading to a referral for more intensive treatment. Negative drug readings resulting in rewards.
- ❧ Drug test results are good to show stakeholders (funders, society, participants) that current progress is being made and that clients are attempting to change and the majority of our clients have changed

Data Requirements and Information Needs

❧ No

- ❧ There are some drugs that are not tested with the current drug testing instruments e.g. alcohol and Fanta. Therefore, quantitative data is not provided to determine progress.
- ❧ Post assessments might be needed to determine if clients have maintained the progress made. This can determine the impact of the DTC beyond the duration of the programme

Treatment Outcomes



- ❧ Tests like the CAGE and the AUDIT are used to determine drinking problems.
- ❧ Random drug tests, are used to validate statements of non-use.
- ❧ Quantitative drug tests are done at the Forensic Lab and they record that data which is shared with the counselors of the clients and DTC Team
- ❧ CASA also administers drug tests but these are qualitative in nature. This information is recorded on a designated form for drug test results which is placed in each client's file. This information is also shared with the DTC Team
- ❧ Meetings with family members are also used to acquire additional information on the client's progress

Is the Standard CICAD Treatment Systems Questionnaire Applied to DTC Clients?

- ❧ When the DTC clients are assessed, the standard drug treatment registration form/questionnaire is also administered