

Trinidad & Tobago: Treatment Centre Models and Treatment Modalities

NATIONAL ALCOHOL & DRUG ABUSE
PREVENTION PROGRAMME
(NADAPP)
19TH & 20TH MAY, 2015



Government of the Republic of Trinidad and Tobago



NADAPP

NATIONAL ALCOHOL AND DRUG ABUSE PREVENTION PROGRAMME



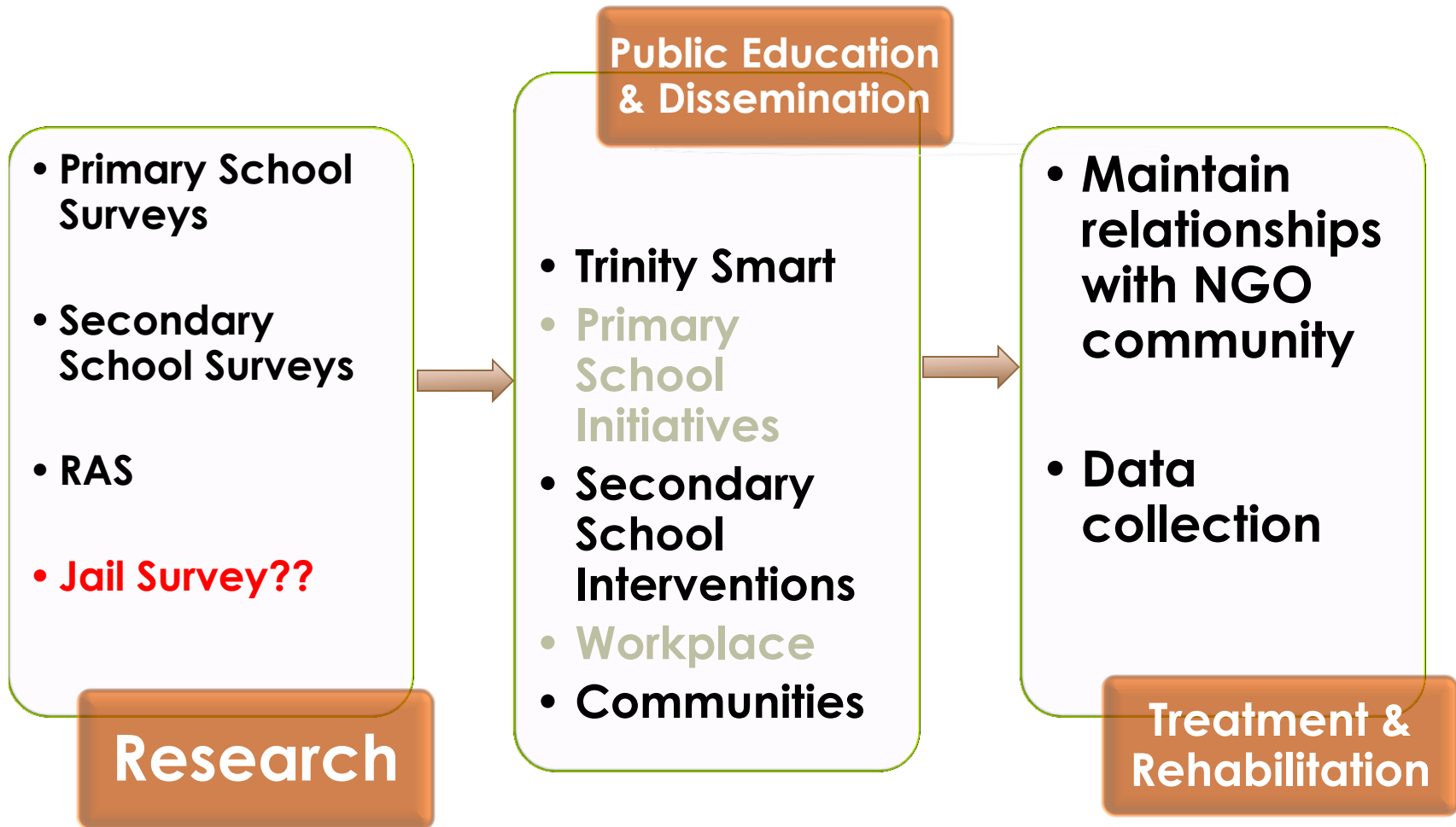
ROLE AND FUNCTION

Central
coordinating
agency with the
responsibility
for drug
demand
reduction in
T&T

NADAPP

Mandate is to
develop,
coordinate,
facilitate,
implement &
evaluate
national
efforts in the
prevention &
reduction of
drug use

Main Activity Cycle



With respect to
Drug Treatment
Policies & Standards:

**Standards of
Care
Document**



Standards of Care Document

**A Policy to
Govern the Operations
of a
National Drug Treatment and
Rehabilitation System for
Trinidad and Tobago**

Standards of Care Document



**Drafted in
2008**

**Awaiting
Cabinet
Approval**



Standards of Care Document

**The Policy
is critical to adopting
a comprehensive approach
to improving substance abuse
treatment and rehabilitation
services**

Standards of Care Document

**It would provide
a framework
to govern
institutional functioning**

Standards of Care Document

**Serve as
a management and quality
assurance tool
for the implementation of
effective measures
for sustainable rehabilitation and
social reintegration
of substance abusers**

Standards of Care Document

**To establish
nationally uniform criteria
for the evaluation of
the quality of care
at public and private
institutions.**



ASAPO

**Association of
Substance Abuse Prevention
Organizations**



Overview of Facilities that offer Drug Treatment and Rehabilitation Services throughout Trinidad & Tobago

GOVERNMENT



MINISTRY OF THE
PEOPLE AND SOCIAL DEVELOPMENT

PIPARO EMPOWERMENT CENTRE:

➤ Therapeutic Community - 9 Month Residential Programme

Modalities:

- Cognitive Behavioural Therapy (CBT)
- Behaviour Modification
- Group Counselling Sessions
- Individual Counselling Sessions
- Family Counselling Sessions
- 12 Steps/12 Traditions
- NA/AA Meetings
- Occupational Therapy
- Anger Management Workshops
- Agriculture & Animal Husbandry
- Confrontation/Consequences
- Education

All Male Facility



NGO

SERENITY PLACE:

➤ **Therapeutic Community - 3-6 Month Residential Programme**

Modalities:

- Group Counselling Sessions
- Individual Counselling Sessions
- 12 Steps
- Occupational Therapy
- Life Skills
- Self Esteem Workshops
- Anger Management Workshops
- Confrontation/Consequences
- Spirituality Sessions



NGO



TEEN CHALLENGE:

➤ Faith Based - 3 Month Residential Programme

Modalities:

- ⦿ Behaviour Modification
- ⦿ Group Counselling Sessions
- ⦿ Individual Counselling Sessions
- ⦿ Occupational Therapy
- ⦿ Team Building / Team Work
- ⦿ Farming
- ⦿ Music
- ⦿ Education
- ⦿ Spirituality Sessions



NGO



NEW LIFE MINISTRIES REHABILITATION CENTER

NEW LIFE MINISTRIES:

- Faith Based - 9 Month Residential Programme with
21 Month Follow-Up

Modalities:

- ⦿ Detox
- ⦿ Medical Monitoring (Nurse)
- ⦿ Group Counselling Sessions
- ⦿ Individual Counselling Sessions
- ⦿ Occupational Therapy
- ⦿ Life Skills Workshops
- ⦿ Education
- ⦿ Anger Management Workshops
- ⦿ Drug Education



WAND FOUNDATION:

➤ Faith Based - 9 Month Residential Programme

Modalities:

- Group Counselling Sessions
- Individual Counselling Sessions
- Spirituality Sessions
- Occupational Therapy
- Life Skills Workshops
- Education
- Anger Management Workshops
- Drug Education
- Co-Dependency Workshop
- Self Esteem Workshops

All Female Facility



NGO



REBIRTH HOUSE:

➤ **Harm Reduction - 3 Month Residential Programme**

Chaguaramas Centre

OASIS Drop In Centre

Modalities:

- ⦿ **Group Counselling Sessions**
- ⦿ **Individual Counselling Sessions**
- ⦿ **Occupational Therapy**
- ⦿ **Drug Education**
- ⦿ **Life Skills**
- ⦿ **Agriculture & Animal Husbandry**
- ⦿ **The World of Work**



MEDICAL FACILITIES



SAN FERNANDO GENERAL HOSPITAL

SAPTC: (SUBSTANCE ABUSE TREATMENT CLINIC)

➤ Medical Model

In-Patient Out-Patient Modalities:

- Individual & Group Counselling Sessions
- Mental Health
- Medical Treatment
- Medication (if necessary)



THANK YOU!!

