



Organization of
American States

Suriname in Saint Lucia



The Detoxification Clinic Psychiatric Hospital Suriname

Sabrina Rootharam

Background

- Psychiatric Hospital: operational since October 1895
- The Detoxification Clinic: 1st October 2007
- The Out-patient Clinic: 30 May 2014
- Services for men and women from the ages 14 and up.
- Capacity: 35 beds (23 for men and 12 for women)

Treatment

- The treatment consists of 3 phases:
- Short term residential treatment for Detoxification: max. 6 weeks
- Long term residential treatment: max. 6 months
- Out patient treatment Clinic: counselling and coaching, aftercare

All treatment programs include individualized care and personalized treatment plans, daily group and individual therapy based on programs and services to help in continuing the client's recovery.

Staff

- 1 Psychiatrist
- 1 Psychologist
- 1 Ward Physician
- 9 Nurses
- 2 HIV/AIDS Nurse specialists
- 1 Social worker
- 5 Counsellors/Coaches
- 1 Activity Coach

Data utilizing the CICAD intake form 2014:

Patient profile

- Age: 43 years (40-50 years)
- Marital status: unmarried
- Lower Education, not working
- No Health Insurance: hospital and aftercare costs mostly covered by the gov.
- Living conditions: with family/parents
- Referral: family members
- Mostly addicted to alcohol, followed by cannabis with cocaine addiction, with a rising tobacco addiction
- Out of 146 patients treated, 91 patients are new referrals and 11 are women
- Out of 146 patients treated: 90 patients have relapsed

Suggestions CICAD FORM

- Cost effect of treatment
- Dropouts
- Relapse (follow)
- Mortality rate

THANK YOU!