

*Addiction Treatment Services Unit (ATSU)

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Acting Charge Nurse

* ATSU is an 6-bed assessment, detoxification and early rehabilitation substance use disorder treatment unit in the Department of Psychiatry at the University Hospital of the West Indies in Kingston, Jamaica.

* History of ATSU

* In the 1980's persons who use drugs were treated on the psychiatric unit (ward 21) prior to the opening of the Detox unit.

* History of ATSU

*The Detoxification Unit, now named ATSU, was opened in 1991 by the then Prime Minister the Hon. Michael Manley.

*History of ATSU

* It is the only hospital based drug treatment facility, providing treatment for substance misusers, adults and adolescents, males and females, throughout Jamaica.

* **History of ATSU**

- *The duration of the program is presently 3 weeks.
- *Provisions are made for persons with co-morbidities (4 weeks)

*History of ATSU

- *Consultant Psychiatrist
- *Patient care and overall operation of unit
- *Psychologist
- *Therapeutic and psycho-educational components

*Staff Profile

- *Nurse
- *Patient care
- *Social worker
- *Psycho-education, family, school and home interventions
- *Resident Psychiatrist

***Staff Profile**

- * Medical and psychiatric management of patient
- * Psychiatric aide
- * Secretary
- * Art therapist

* **Staff Profile**

- * Safe withdrawal
- * Address psychological and physical withdrawal (medication use where applicable)
- * Physical and Psychiatric assessment to identify and treat co-morbid illnesses

* **Aims of ATSU**

- * Psychological evaluation-
identify personality disorders
and assist self change
- * Facilitate period of respite from
social chaos and exposure to
drugs

* **Aims of ATSU**

*The treatment program is geared towards helping individuals identify and mobilize his/her internal and external resources and use them to achieve a happier, healthier lifestyle free of mind altering drugs.

*Aims of ATSU

*Educational group activities geared at:-

*Understanding self

*Understanding illness

*Understanding responsibilities
(e.g. social)

*Treatment

* Individual Psychotherapy

* Individual Nurse-client
interaction

* Treatment

*Daily schedule of activities include:-

*Art therapy

*Family day session

*Narcotics anonymous meeting

*Groups- refusal skills, safe sex practices

*Outdoor activities (football)

*Treatment

- * Admissions are voluntary (self-motivated)
- * Consenting adults
- * Adolescents consented by parent/guardians

* Admission to the Unit

*Referrals via the accident and emergency unit

*Detox clinics:-

new patient clinic

dual diagnosis clinic

*Psychiatric unit (ward 21)



Admission to the Unit

- *Referrals from other:-
- *wards
- *hospitals
- *treatment facilities
- *Places of safety
- *Courts system (mostly adolescents)

*Admission to the Unit

- *New Patient Clinic
- *Follow-up Clinic
- *Drug free Clinic
- *Dual Diagnosis Clinic
- *Adolescent (18 and below)
Outpatient Substance Abuse
Programme

*Other services

*Referral to:-

*long, medium or short term residential rehabilitation programs.

*community psychiatric outpatient clinic.

***Other Services**

*Outreach programmes,
including school and community
psycho-educational talks.

*Other Services