



# **DRUG AND ALCOHOL TREATMENT IN BARBADOS**

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**National Council on Substance Abuse**

# STANDARDS & POLICIES



# DRUG & ALCOHOL TREATMENT: POLICIES & STANDARDS - THE CURRENT SITUATION

- At present, there are no official minimum standards of care governing the delivery of substance abuse/dependency treatment in Barbados.



# DRUG & ALCOHOL TREATMENT: POLICIES & STANDARDS - COMING CHANGES

## **Recent Amendment of the Health Services Bill**

1) Based on this amendment, Substance Abuse Treatment Facilities will be brought under the ambit of the Examination Unit of the Ministry of Health which will oversee the inspection of these institutions.



# DRUG & ALCOHOL TREATMENT: POLICIES & STANDARDS - COMING CHANGES

2) The Ministry of Health will also be responsible for:

- The licensing of the facilities
- The operations of these facilities
- Ensuring that the administration in the facilities is properly set out
- Ensuring the maintenance of records
- Ensuring that the treatment and rehabilitation programme as well as the transfer and discharge programme have a profile which the Ministry supports.



# DRUG & ALCOHOL TREATMENT: POLICIES & STANDARDS - COMING CHANGES

3) The Bill was debated and passed in the House of Assembly during May 2015 and is now before the Senate.

4) Once finalized, there will be official Minimum Standards governing the treatment of substance abuse/dependency in Barbados under the name “*The Health Services (Substance Dependency Treatment Facility) Regulations 2015*”.





# **DRUG AND ALCOHOL TREATMENT IN BARBADOS**

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# OVERVIEW OF AVAILABLE TREATMENT





# DRUG TREATMENT IN BARBADOS

- Private
- Public



# DRUG TREATMENT IN BARBADOS (PRIVATE)

## ○ Outpatient

- The Centre for Counselling Addiction Support Alternatives (**CASA**)

## ○ Residential

- Verdun House



# DRUG TREATMENT IN BARBADOS (CASA)

- Client population:
  - Female and male
  - Adolescents and adults
- Drug therapy for all forms of addiction
  - Substance/ gambling



# DRUG TREATMENT IN BARBADOS (CASA)

## **Treatment programme includes**

- Individual counselling
- Family counselling
- Aftercare services
- Skills training for adolescents
- Drug education for adolescents



# DRUG TREATMENT IN BARBADOS (CASA)

- Primary treatment provider for the drug treatment court programme.



# DRUG TREATMENT IN BARBADOS (VERDUN HOUSE)

- Client population
  - Males ONLY
  - Adults- 18 years and older
- 60 bed facility
- 6 counsellors



# DRUG TREATMENT IN BARBADOS (VERDUN HOUSE)

- Programme comprises of:
  - Primary stage
    - 90 day programme
    - Individual and group counselling
  - Half- way house stage
    - 6 months programme
    - Social and occupational rehabilitation
    - Community reintegration
  - Aftercare programme



# DRUG TREATMENT IN BARBADOS (PUBLIC)

- Outpatient
  - Psychiatric Hospital (Drug Rehabilitation Unit)
- Residential
  - Verdun House
- Inmate Drug Rehabilitation Counselling Programme (HM Prison)





# DRUG TREATMENT IN BARBADOS (PSYCHIATRIC HOSPITAL)

- Central coordinator of public drug rehabilitation
  - Psychiatric / medical evaluation
  - Drug dependency evaluation
  - Referral/ enrollment to the appropriate outpatient or residential rehabilitation programme



# DRUG TREATMENT IN BARBADOS (PSYCHIATRIC HOSPITAL)

- Detoxification programme for public clients for drug rehabilitation
  - Inpatient / outpatient detoxification



# DRUG TREATMENT IN BARBADOS (PSYCHIATRIC HOSPITAL)

- Outpatient drug rehabilitation programme
  - 8 week programme
  - Adult males and females (select adolescents)
  - Individual/ group/ family counselling
  - Social skills training
    - anger management/ stress management



# DRUG TREATMENT IN BARBADOS (PSYCHIATRIC HOSPITAL)

- Outpatient drug rehabilitation programme
  - Integrated psychological or psychiatric interventions for the “dually diagnosed” clients
  - 12 week aftercare programme



# DRUG TREATMENT IN BARBADOS (PSYCHIATRIC HOSPITAL)

- Residential drug rehabilitation programme
  - Verdun House through a MOU between Verdun House and the Ministry of Health
  - Integrated psychological or psychiatric interventions for the “dually diagnosed” clients

