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Organization of American States

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FIFTY-SEVENTH REGULAR SESSION

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INTER-AMERICAN DRUG ABUSE CONTROL COMMISSION CICAD

Secretariat for Multidimensional Security

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PUBLIC HEALTH APPROACH AS A BASE FOR DRUG POLICY: THE PORTUGUESE EXPERIENCE

Public health approach as a base for drug policy: the Portuguese experience

57th Session on the Interamerican Drug Abuse Control Commission - CICAD

Washington,1st May 2015

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mipo de Intervenção nos miportamentos Aditivos ual Deses dências

GEO-DEMOGRAPHIC SITUATION



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SICAD

> Population	10.6m
> North/South	652 km
> East/West	218 km
➤ Surface	92 000 Km ²

4

1990's: Heroin, injection, HIV => **CRISIS**

Ongoing national debate: Criminalise / incarcerate users, addicts?

1998: Appointment of commission to define a new national strategy on drugs



Where should the balance be?

Alternative





NATIONAL POLICY 1999: STRATEGIC OPTIONS

- 1. Reinforce International Cooperation...
- 2. Decriminalise consumption, forbidding it as unlawful administrative offense
- 3. Redirect towards prevention...
- 4. Expand and improve the care network...
- 5. Extend harm reduction policies...
- 6. Promote and encourage social reintegration...
- 7. Ensure access to treatment for addicted prisoners...
- 8. Enlargement to other dependencies and addictive behaviours...



From July 2001: Decriminalisation



Up to 10 doses, no supply

- \Rightarrow Administrative offence
- \Rightarrow CDT (Ministry of Health)

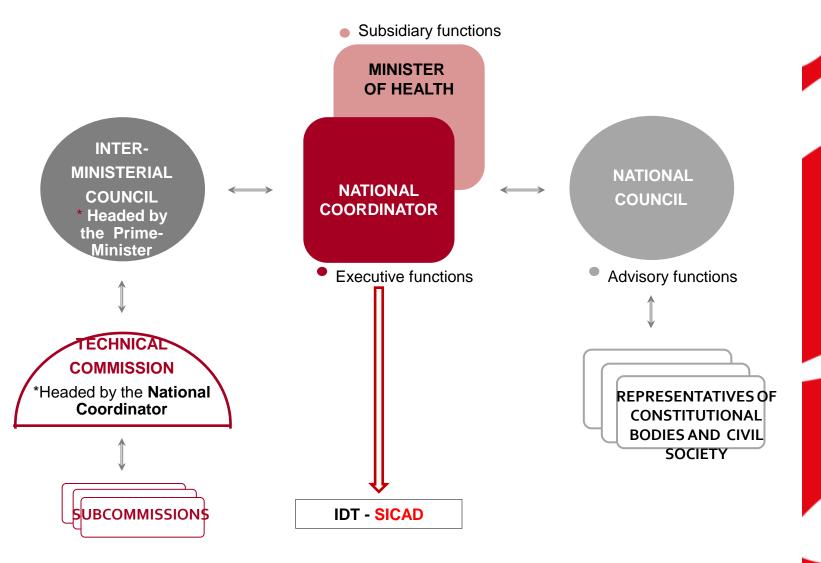
More than 10 doses, no supply

- \Rightarrow Criminal offence
- \Rightarrow Court (Ministry of Justice)
- CDT (Commissão para a Dissuasão da Toxicodependencia):
- Exist in <u>every</u> district, see <u>every</u> user
- 3 members (Ministries of Justice and Health), plus support team.

Aim: treat any addiction and rehabilitate the person using the most appropriate interventions

 Options: warnings; banning from certain places or from meeting certain people; obligation of periodic visits to a defined place; removal of professional licence or firearms licence; fines (not for addicts), which may vary by drug involved.

COORDINATION STRUCTURE FOR DRUGS, DRUG ADDICTION AND THE HARMFUL USE OF ALCOHOL





THE INTERMINISTERIAL COUNCIL





The balance in Portugal

UN Conventions – *"may provide, as <u>alternatives</u> to conviction or punishment,"*

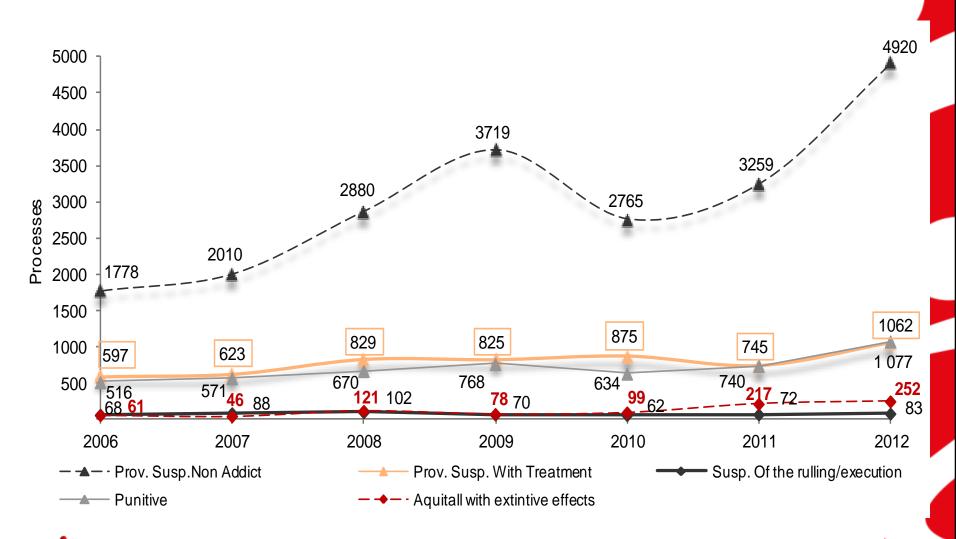
Punishment

Alternative

Consistent and coherent...

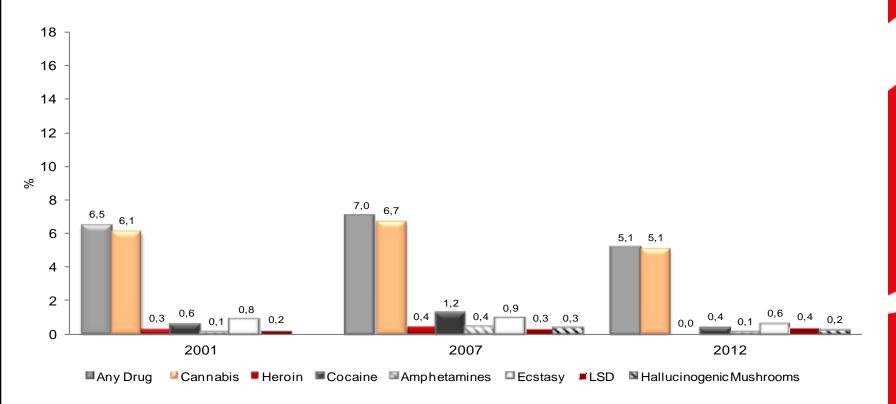


CDT Rulings 2006-2012



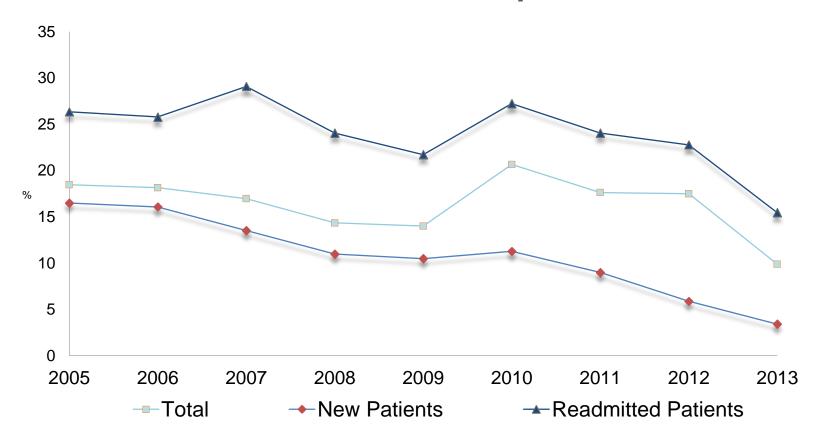
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Young Adult Population (15-34 years), last 12 months prevalence, by type of drug (%)





Intravenous drug use in the last 12 months Patients starting treatment in the year: Public Network– Outpatient





Evaluation – does it work?

Positivist:

- Many statistics, many interpretations
- "Resounding success" or "disastrous failure"?
- How much has the situation changed <u>because of</u> the policy?

Social Constructivist:

- Various governments of different colours have not changed the system
- Not mentioned in national Parliament
- Not a concern of the public



General-Directorate for Intervention on Addictive Behaviors and Dependencies (SICAD)

Thank you for your attention

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