

17th St. & Constitution Avenue N.W. Washington, D.C. 20006 United States of America

#### Organization of American States

P. 202.458.3000 www.oas.org

FIFTY-SEVENTH REGULAR SESSION

April 29 - May 1, 2015 Washington, D.C.

#### INTER-AMERICAN DRUG ABUSE CONTROL COMMISSION CICAD

Secretariat for Multidimensional Security

OEA/Ser.L/XIV.2.57 CICAD/doc.2193/15 1 May 2015 Original: English

#### PUBLIC HEALTH APPROACH AS A BASE FOR DRUG POLICY: THE PORTUGUESE EXPERIENCE

Public health approach as a base for drug policy: the Portuguese experience

## 57th Session on the Interamerican Drug Abuse Control Commission - CICAD

Washington,1st May 2015

#### M. D. João Goulão

National Coordinator on Drugs, Drug Addiction and the Harmful Use of Alcohol

General-Director for Intervention on Addictive Behaviors and Dependencies





mipo de Intervenção nos miportamentos Aditivos ual Deses dências

#### **GEO-DEMOGRAPHIC SITUATION**



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> Population	10.6m
> North/South	652 km
> East/West	218 km
➤ Surface	92 000 Km <sup>2</sup>

4

1990's: Heroin, injection, HIV => **CRISIS** 

Ongoing national debate: Criminalise / incarcerate users, addicts?

1998: Appointment of commission to define a new national strategy on drugs



Where should the balance be?

#### Alternative





#### **NATIONAL POLICY 1999: STRATEGIC OPTIONS**

- 1. Reinforce International Cooperation...
- 2. Decriminalise consumption, forbidding it as unlawful administrative offense
- 3. Redirect towards prevention...
- 4. Expand and improve the care network...
- 5. Extend harm reduction policies...
- 6. Promote and encourage social reintegration...
- 7. Ensure access to treatment for addicted prisoners...
- 8. Enlargement to other dependencies and addictive behaviours...



# From July 2001: Decriminalisation



Up to 10 doses, no supply

- $\Rightarrow$  Administrative offence
- $\Rightarrow$  CDT (Ministry of Health)

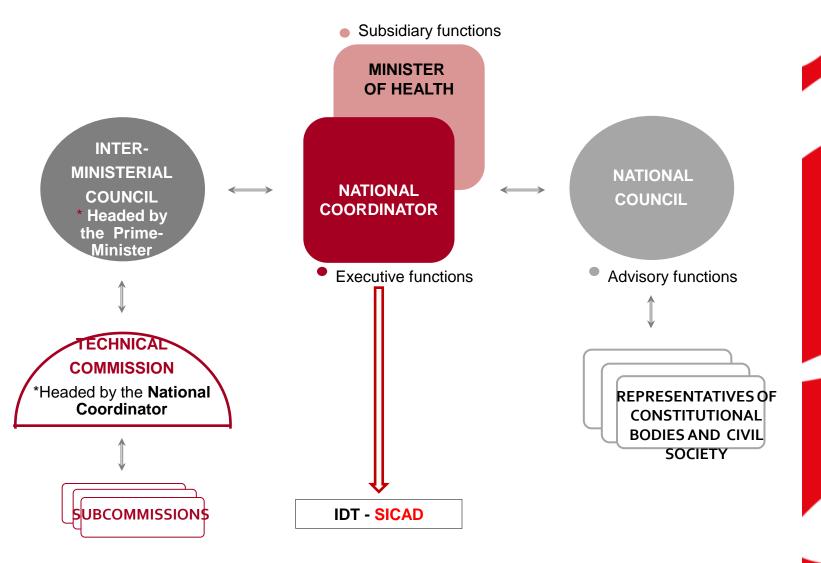
More than 10 doses, no supply

- $\Rightarrow$  Criminal offence
- $\Rightarrow$  Court (Ministry of Justice)
- CDT (Commissão para a Dissuasão da Toxicodependencia):
- Exist in <u>every</u> district, see <u>every</u> user
- 3 members (Ministries of Justice and Health), plus support team.

Aim: treat any addiction and rehabilitate the person using the most appropriate interventions

 Options: warnings; banning from certain places or from meeting certain people; obligation of periodic visits to a defined place; removal of professional licence or firearms licence; fines (not for addicts), which may vary by drug involved.

#### COORDINATION STRUCTURE FOR DRUGS, DRUG ADDICTION AND THE HARMFUL USE OF ALCOHOL





#### THE INTERMINISTERIAL COUNCIL





#### The balance in Portugal

UN Conventions – *"may provide, as <u>alternatives</u> to conviction or punishment, ...."* 

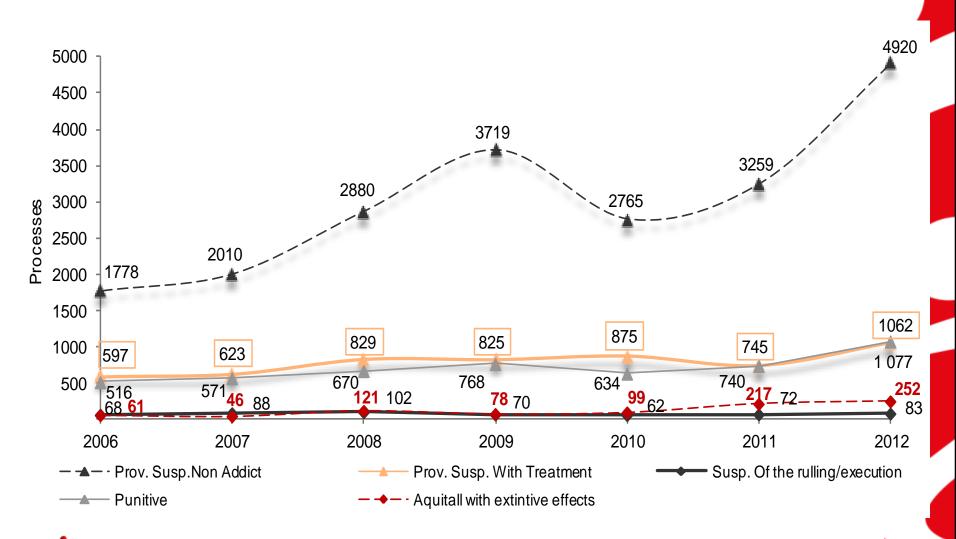
Punishment

Alternative

Consistent and coherent...

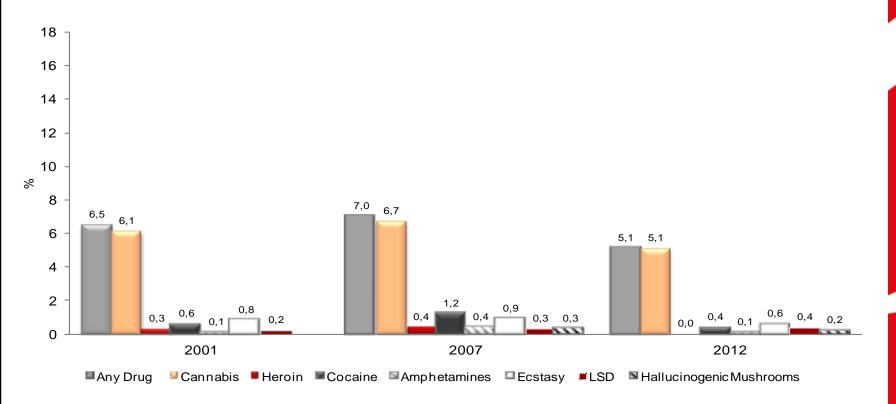


#### CDT Rulings 2006-2012



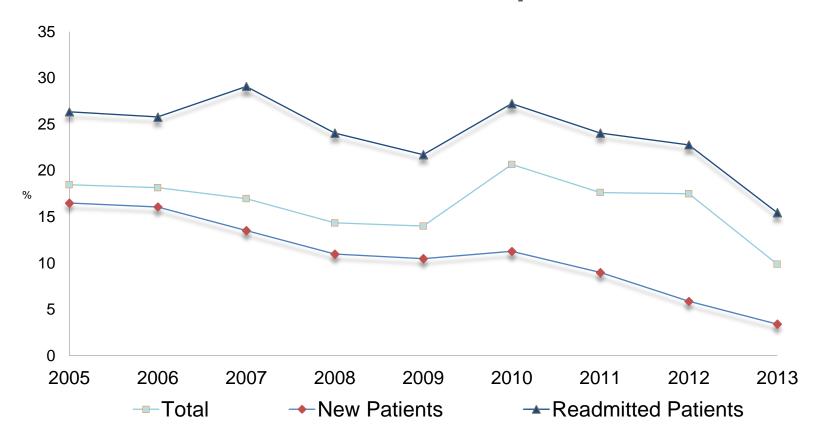
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# Young Adult Population (15-34 years), last 12 months prevalence, by type of drug (%)





Intravenous drug use in the last 12 months Patients starting treatment in the year: Public Network– Outpatient





### Evaluation – does it work?

Positivist:

- Many statistics, many interpretations
- "Resounding success" or "disastrous failure"?
- How much has the situation changed <u>because of</u> the policy?

#### Social Constructivist:

- Various governments of different colours have not changed the system
- Not mentioned in national Parliament
- Not a concern of the public



## General-Directorate for Intervention on Addictive Behaviors and Dependencies (SICAD)

## Thank you for your attention

joao.goulao@sicad.min-saude.pt

www.sicad.pt

