## Epidemiology as Information for Action

# From Broad Street to Your Street

## Epidemiology as Information for Action

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# **Today's Topics**

- I. Epidemiology
  - Definition
  - II. History
  - III. Behavioral Epidemiology
- II. Sources of Data
  - I. Florida Counties
  - II. Sub-County Communities and Neighborhoods
  - III. State, National, and International Sources
- III. Applied Epidemiology



- Epidemiology is the study of the
  - Distribution and
  - Determinants

of health-related conditions or events (including disease and wellness), in terms of

- People,
- Place, and
- Time.



Determinant –

## In English:

An influencing or causal element or factor

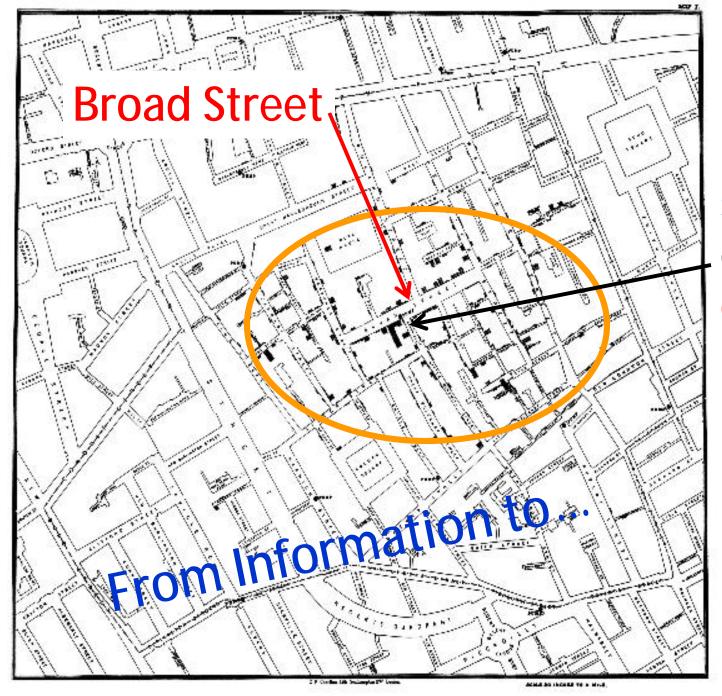
## In Florida SARG speak:

An "Intervening Variable"

# History of Epidemiology



- 1854 London (e.g., Charles Dickens)
- Dr. John Snow, English Physician
- Between August 31 and September 10,1854
- Cholera Outbreak in Soho, London Killed 500
- Conventional Wisdom: Transmitted by Air
- Dr. Snow believed: Transmitted by Water
- Plotted the Cholera Deaths in Soho



**Original map** by John Snow showing the clusters of cholera cases in the Soho, London epidemic of 1854

From Information to...

Action

John Smith Removed
The Broad Street Pump Handel
And the Cholera Epidemic Ended



What was Broad Street in 1854 is today Broadwick Street. Shown here is the John Snow Memorial and the John Snow **Memorial Pub** 

# **Epidemiology**

- Infectious Spread by germ or virus
- Environmental Air, Water, Climate
- Behavioral What individual or others do Smoke or breath 2<sup>nd</sup> Hand Smoke
   Diet and Nutrition
   Exercise

Trauma Victim
Alcohol and Other Drug Use

a) Consequences



b) Consumption Patterns



c) Contributing Factors



# a)Consequences

- 1. Deaths
- 2. Medical Emergences
- 3. Addiction
- 4. Crime
  - a) Violent
  - b) Property

## b) Consumption Patterns

- Prevalence Proportion of Given Population
  - Use
  - Frequency (Life, Annual, Past Month, Daily)
  - Intensity (e.g., Bing Drinking, Heavy Use)
- 2. Incidence New Cases
  - Age of First Use (% by Age 13 or Younger)

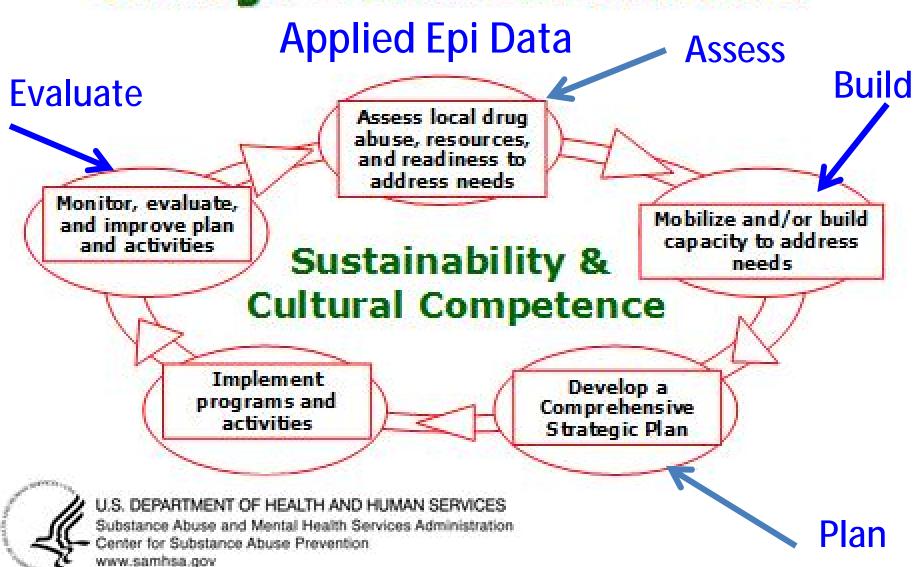
- c) Contributing Factors
  - 1. Risk Factors
  - 2. Protective Factors

"Prevention as Protection"

# Strategic Prevention Framework



## SAMHSA's Strategic Prevention Framework



## **SARG** Needs Assessment Logic Model

#### **Problem Statement**

Substance Related Consequence	Substance Use Behavior	Intervening Variables Determinants	Local Contributing Factors	

# Today's Topics

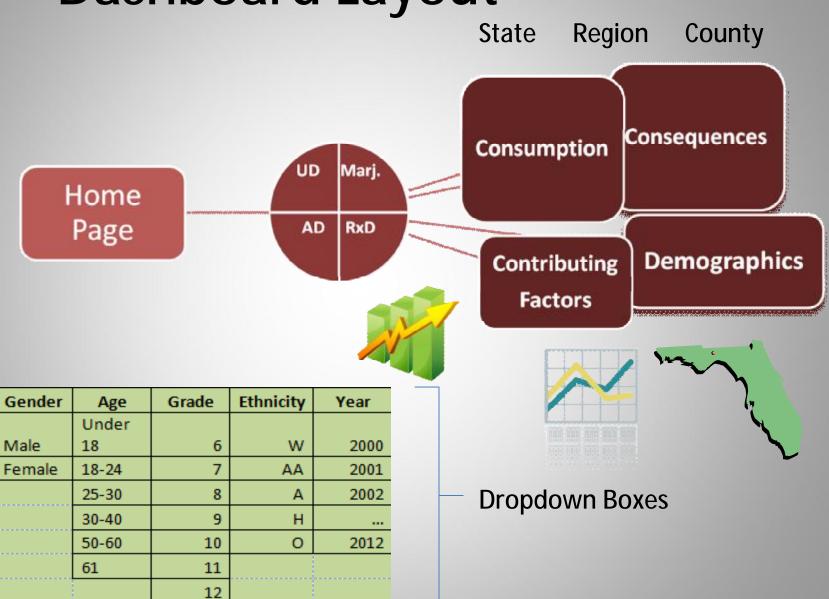
#### **Sources of Data**

- Florida Counties
- II. Sub-County Communities & Neighborhoods
- III. State, National, and International

# Florida Community Health and Wellness Dashboard

Presented by: Florida Center for Prevention Research

# **Dashboard Layout**

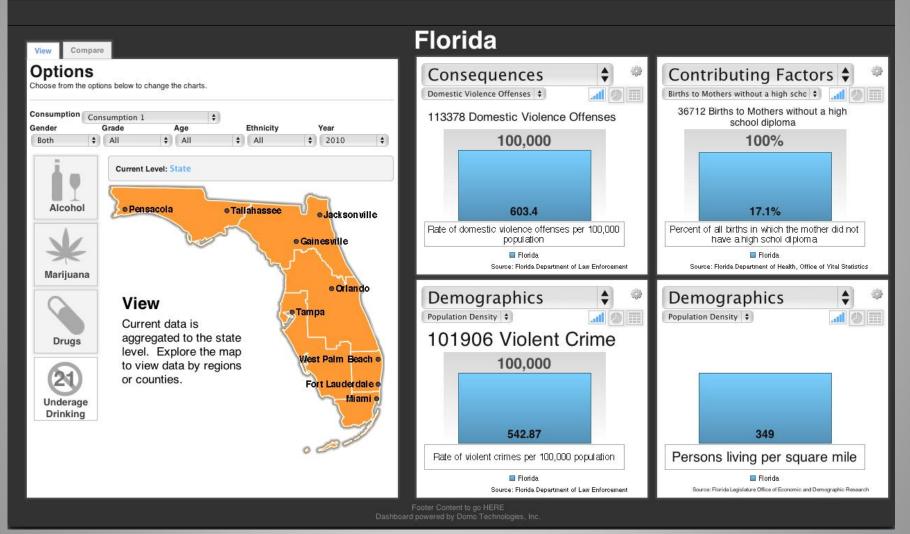


#### **Starting View:**

#### Florida Community Health & ( Wellness Dashboard





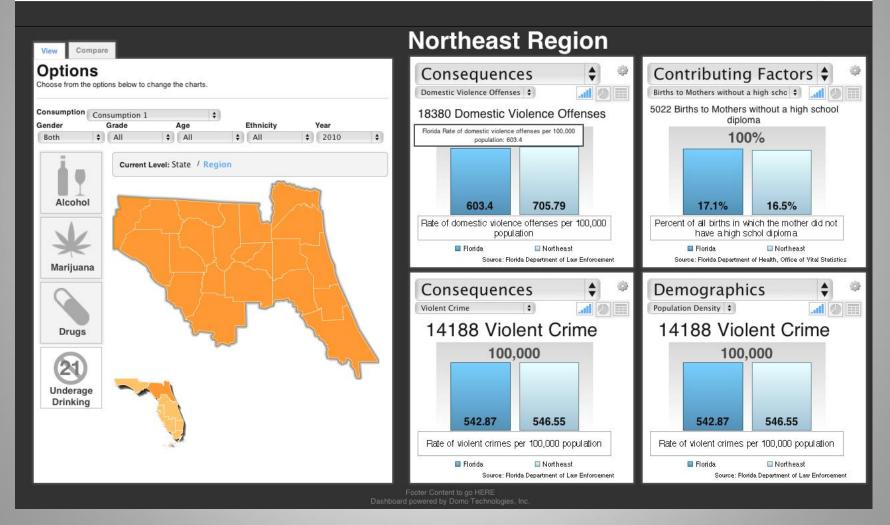


### **Drill to Region:**

### Florida Community Health & C Wellness Dashboard





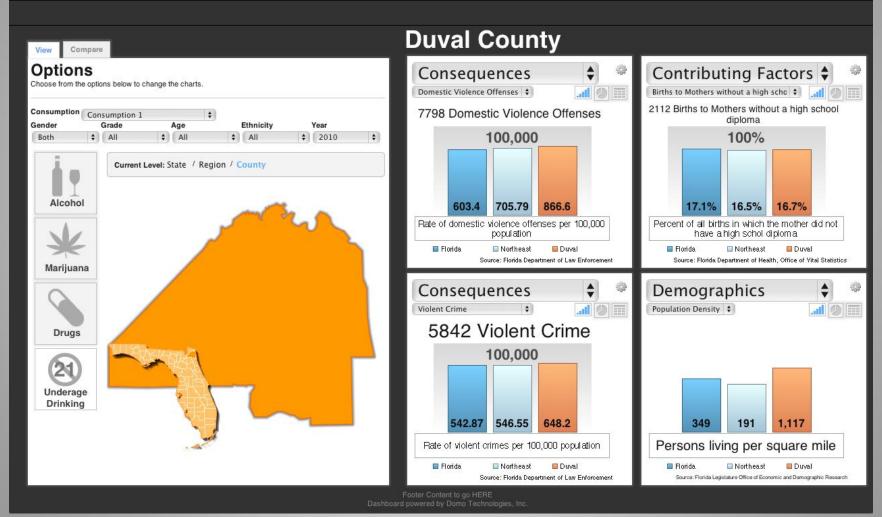


#### **Drill to County:**

#### Florida Community Health & ( Wellness Dashboard







#### **Drill to Trend:**

#### Florida Community Health & Q Wellness Dashboard





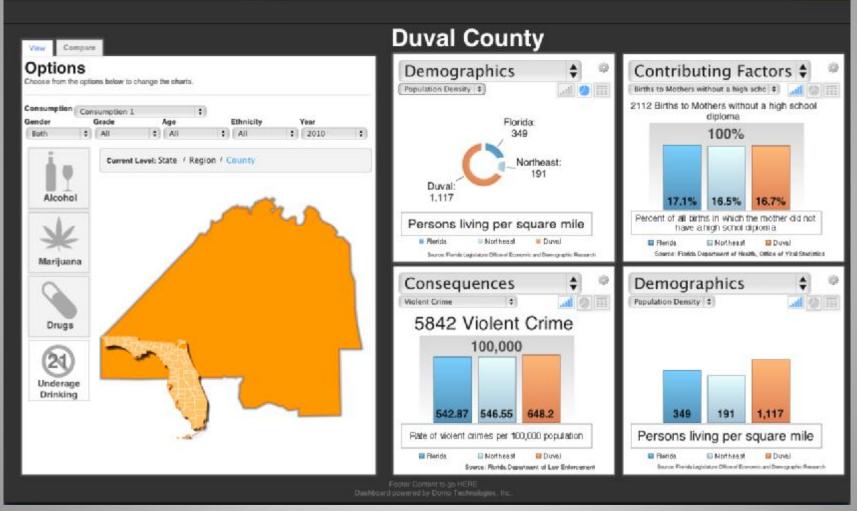


## **Changing Chart types:**

Florida Community Health & ( Wellness Dashboard





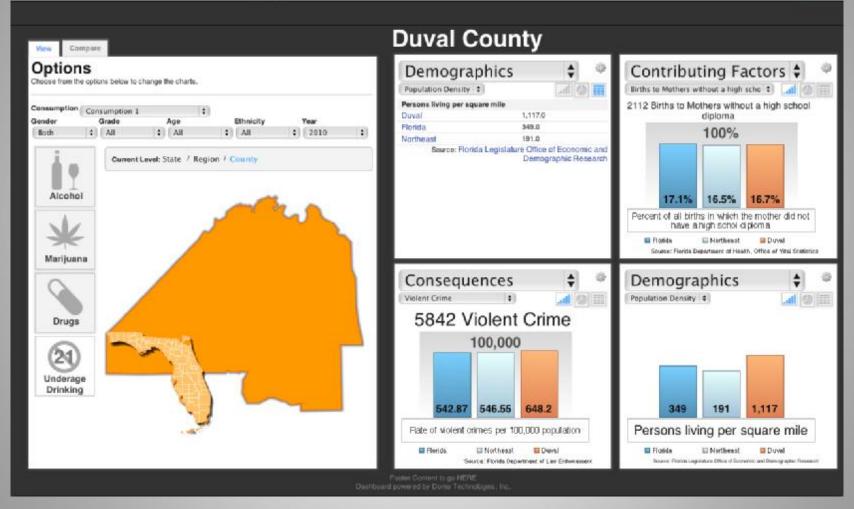


### **Changing Chart Type:**

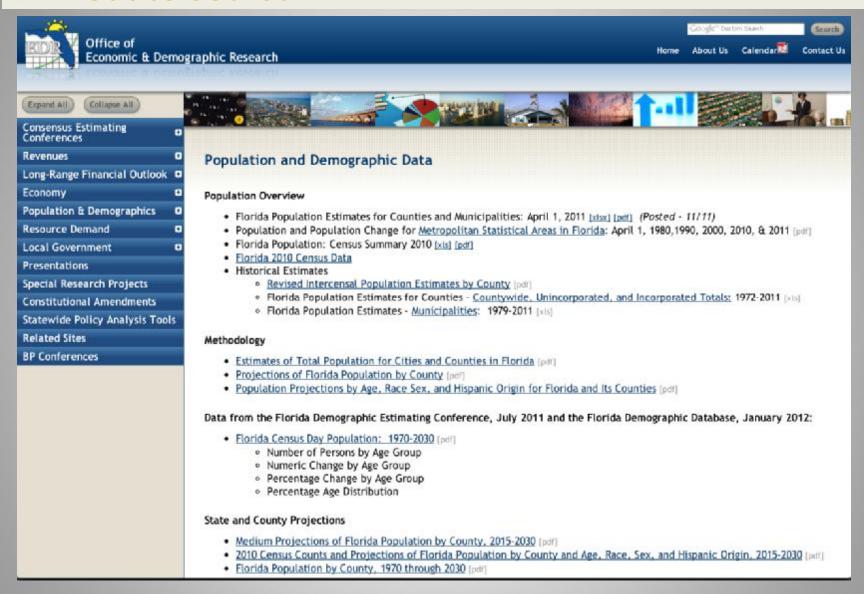
Florida Community Health & ( Wellness Dashboard







#### **Drill out to Source:**

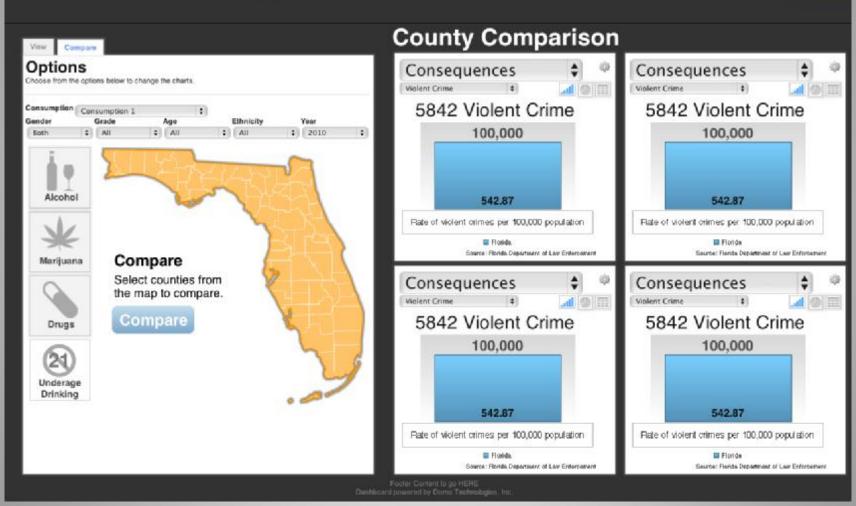


### **Starting Comparison View:**

Florida Community Health & Commu





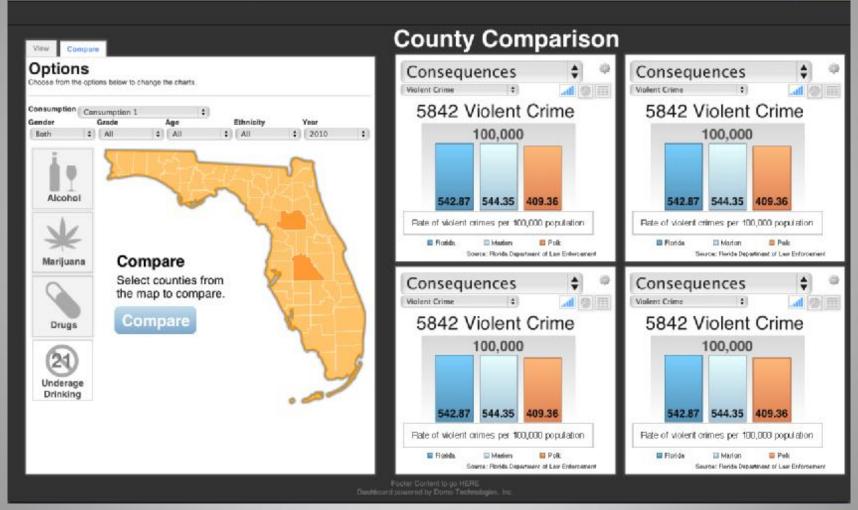


### **Comparing Counties:**

Florida Community Health & Wellness Dashboard





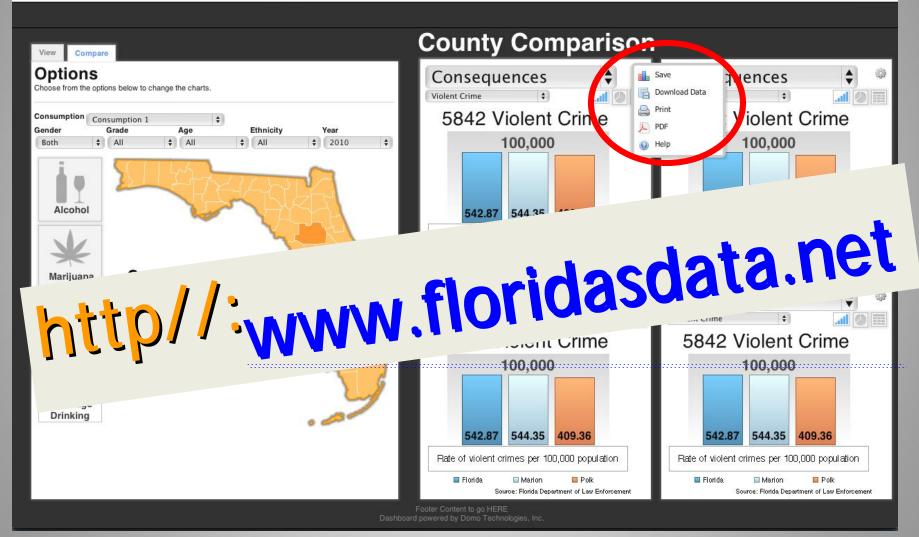


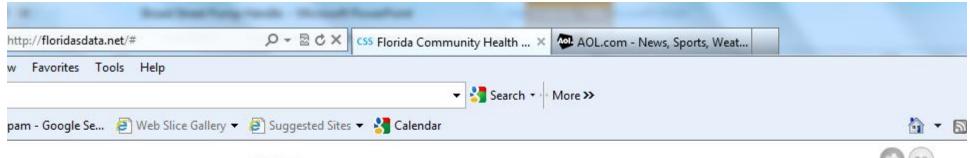
#### **Export Options:**

Florida Community Health & (
Wellness Dashboard











Welcome to the Florida Community Health & Wellness Dashboard

HOME BACKGROUND METHODOLOGY INDICATORS/MEASURES CAUTIONS HOW TO USE ENTER DASHBOARD CONTACT US



#### **About Us**

#### The Florida Community Health and Wellness Dashboard

was supported by funding from the Florida Department of Children and Families Substance Abuse and Mental.

Health Program Office. The Florida Community Health and Wellness Dashboard is a tool intended to capture
enidemiology data profiles related to the four state priority problems including:

#### History

#### Project Background

In 2005, the Florida Department of Children and Families was awarded the Strategic Prevention Framework State Incentive Grant (SPE SIG). a five

# **Epidemiology Work Groups**

National Institute on Drug Abuse: Community Epidemiology Work Group

NIDA Community Epidemiology Work Group



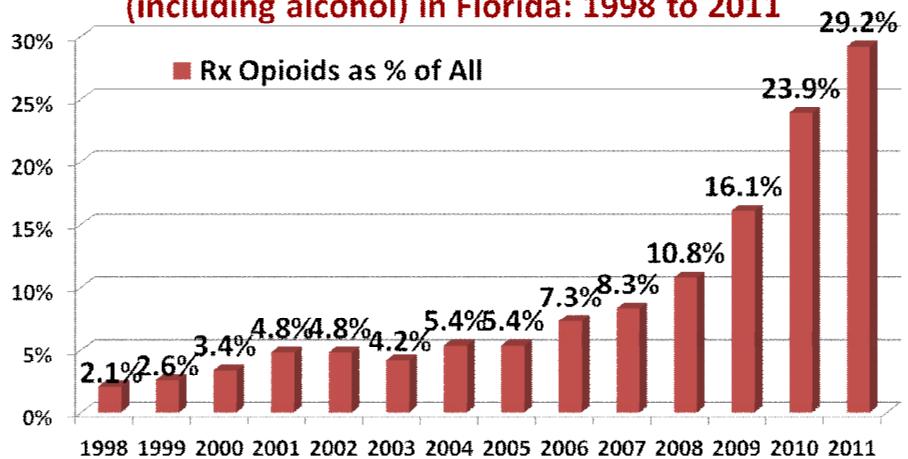
## National CEWG Drug Trends Update June 2012

- Cocaine declines reported across all 21 sites
- Heroin maintains presence,
  - Expands to new areas including small towns
  - Fueled by young adult Rx opioid abusers
- Prescription opioid nonmedical use escalates
- Emerging synthetic drug consequences most pronounced in the Central US and Florida
- Marijuana is ubiquitous
- Methamphetamine rising in the West again

# **Epidemiology Work Groups**

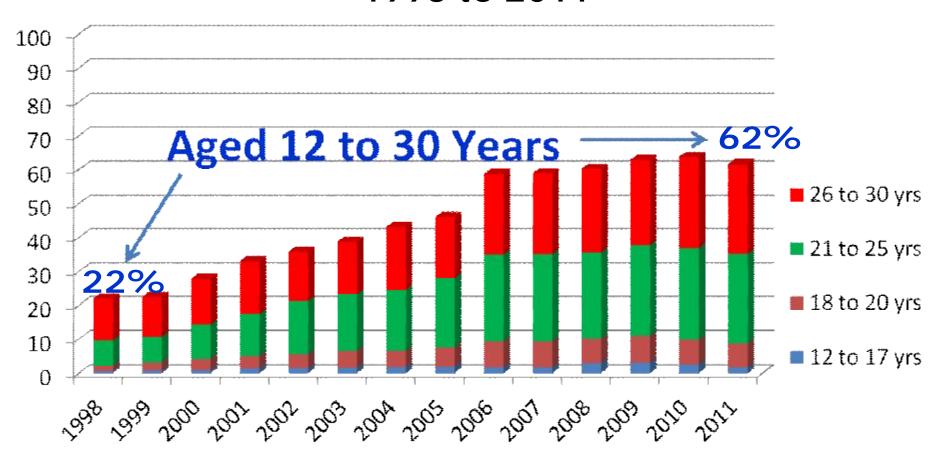
# National CEWG – NIDA Florida Behavioral Health Epidemiology Work Group

# Percent of Primary Addiction Treatment Admissions for Rx Opioids among all substances (including alcohol) in Florida: 1998 to 2011



Source: SAMHSA - Treatment Episode Data Sets Submitted by the Florida Dept. of Children and Families as of April 5, 2012

# Percent of Primary Rx Opioid Addiction Treatment Admissions By Age Groups (12-30 years) in Florida: 1998 to 2011



Source: SAMHSA - Treatment Episode Data Sets Submitted by the Florida Dept. of Children and Families as of April 5, 2012

# **Epidemiology Work Groups**

National CEWG – NIDA Florida Behavioral Health Epidemiology **Work Group** Drug Epidemiology Networks (DENs) Regional **County or Coalition Sub-County Community or Coalition** 



## **Assessing Drug Abuse** Within and Across Communities

http://www.drugabuse.gov/pubs/assessing U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES

NATIONAL INSTITUTES OF HEALTH

# **Sub-County Data Sources**

# SARG Appendix I – Guideline for Local Data Collection

### Focus Groups

#### Appendix I: Guidelines for Qualitative Data Collection<sup>1</sup>

#### Focus Groups

Focus groups can be used to gather qualitative information from your community about issues and attitudes. They are typically led by a facilitator who presents a small number of targeted questions and facilitates the discussion. Participants share ideas and observations that can clarify issues for you or present new

perspectives. Compared with surveys and other methods, focus groups allow you to delve more deeply into a topic area or to probe for more information. Focus groups also can lead you to topics or points that you had not considered. Recruiting and conducting effective focus groups can be challenging and time consuming.

The purpose of your SARG focus groups is generally to gain the community's perspective on the local conditions that contribute to a given intervening variable. Focus Groups with Youth
You will need to obtain parental
permission for youth to participate in
your focus group. To make this easier,
consider asking the parents of your
youth participants to be in your parent
group. Then hold the youth and parent
focus groups concurrently in order to
facilitate participation.

Your focus groups may be targeted to different age groups (see box for tips on holding youth groups) or you may wish to bring people from certain geographic areas or community sectors together. Your assessment committee will be especially useful in making decisions about who to invite and how to encourage them to participate.

#### **Developing Focus Group Questions**

When developing a focus group protocol and questions, there are some

#### **Environmental Scans**

#### Environmental Scans

Environmental scans are observations of various aspects of your community. For example, you could examine the practices businesses use to promote and sell alcohol products. Or you could review the use of public spaces and advertisements in print, radio and television to get an idea of the number of promotion versus prevention messages that are in the community. While an environmental scan is not required and is not particularly useful for substances other than alcohol, it can be particularly useful to obtain more information about retail availability and promotion. Remember, whether or not you conduct a scan and what information you collect should be directly linked to the knowledge gaps that you identified.

An environmental scan can be difficult to conduct in a way that represents your entire county, particularly if it covers a wide geographic region. Because you likely do not have the resources to conduct a countywide scan, one way to focus your efforts is to target areas with a high density of alcohol outlets. Appendix N provides a list of the number of active liquor licenses within each county, broken out by town.

Finally, if you want to find out the extent of advertising and how much of it promotes substance use and how much of it is dedicated to prevention messages, you may want to do a scan of local media coverage, advertising and public service announcements in print, radio and television advertising.

Contact the department for a ready-made scan survey.

# **Sub-County Data Sources**

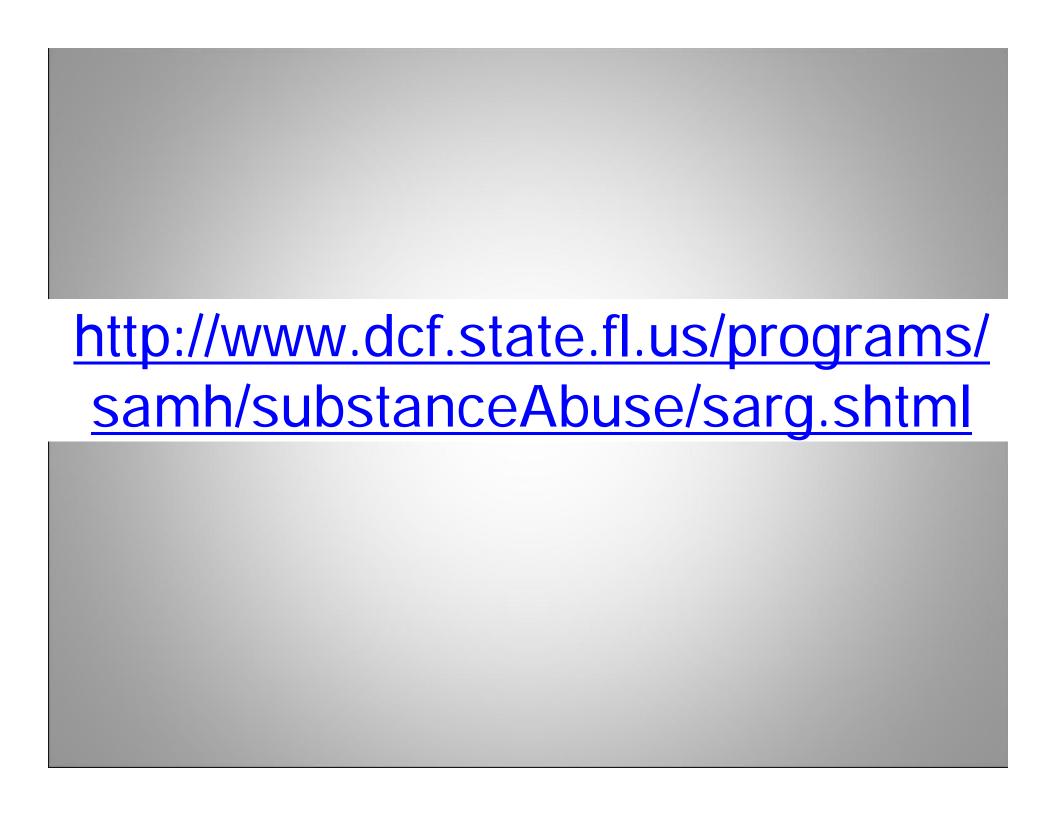
SARG Appendix J – Data Collection Tools

Data Collection Tools for Local Contributing Factors 2012

RA19c. If alcohol buying by adults for minors is a problem in your community, please describe the problem(s).

COMMUNITY NORMS: The next several questions ask about the availability of alcohol at community events. Please convene at least one community meeting to complete the following questions. For the questions that require a Yes/No response or provide a range of responses, please circle the most appropriate answer.

	Is it accepta	leter the following questions. For the state of the state		Do people drive home drunk from:		e for underse	buserse
CN1. High school graduations	Yes	No	Yes	No	het	ancer	
CN2. Baptisms	Yes	No	V-	mhls	UD3	No	
CN3. Births/funerals	Yes	·~~S	Isa	.10	Yes	No	
CN4. Festivals/fairs	Larod!	allie	Yes	No	Yes	No	
fl 115	progr	No	Yes	No	Yes	No	
tate.	Yes	No	Yes	No	Yes	No	
CN7. Other [please describe]:							
CN8: Other [please describe]:							
CN9. Other [please describe]:							



# Applied Epidemiology

# Example: Information Dissemination

# Radio Ads



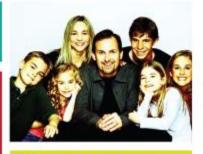
Too many children and teens make the choice to use alcohol or other drugs. What's more...they have no idea how harmful these can be to a developing brain.

And, their parents don't know either.

It is proven that parents who enjoy at least 4 family mealtimes per week and make time for continuous conversation with their children and teens, raise kids who make better choices.



It's equally important for parents NOT to allow alcohol or other drugs to be used in their home.



In Broward County, there are many kids who do not use alcohol and other drugs.





Kids tell us time and time again that their parents are the # 1 influence in their lives.







An adolescent's brain doesn't fully develop until about 23-25 years old. Introducing alcohol or other drugs to this still developing brain too often adversely impacts development and dramatically increases the likelihood of substance abuse and addiction in the child's adult life.

Please try to do your best as a parent to prolong the age of first time use. To learn how to prevent underage drinking and other drug use, visit us at:





www.drugfreebroward.org

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